

Sorry we missed you last week. Hurricane Irma interrupted our press time for the September 15 issue.

THE RIVER WEEKLY NEWS

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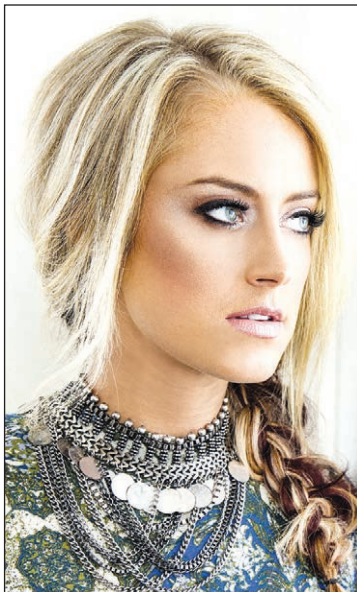
VOL. 16, No. 38

From the Beaches to the River District downtown Fort Myers

SEPTEMBER 22, 2017



Lindsay Ell



Brooke Eden



Even Stevens



Wynn Varble



Aaron Barker

photos courtesy island-hopper.fortmyers-sanibel.com

Songwriter Fest Bringing 10 Days Of Entertainment

The 4th annual Island Hopper Songwriter Fest has more than 80 confirmed songwriters, bring-

ing more than 150 live performances and 24 unique venues to music fans along the beaches of Southwest Florida from Friday, September 22 to Sunday, October 1.

The fan-favorite festival is a great way to see singer-songwriters perform in intimate settings on Captiva Island, Fort Myers Beach and historic downtown

Fort Myers.

The music fest will continue to give fans the opportunity to meet the talented artists who write songs for country superstars including Tim McGraw, Miranda Lambert, Jason Aldean and Tricia Yearwood.

The action begins on Captiva Island this weekend at such venues as Key

Lime Bistro, Cantina Captiva, RC Otter's, The Mucky Duck, 'Tween Waters Inn (poolside) and Doc Ford's Rum Bar & Grille.

In downtown Fort Myers, performances will take place at The Barrel Room, Twisted Vine Bistro, Hotel Indigo, City Tavern, Sidney & Berne

continued on page 24



Cindi Heimberg and Kayleigh O'Connell

photo provided

Thought Provoking Comedy Playing At Lab Theater

Hurricane Irma has disrupted the lives, homes and schedules of Florida residents. In this challenging time, The Laboratory Theater of Florida and playwright Del Shores would like to thank the community for its amazing resilience and an overwhelming sense of cooperation by sharing its gift of comedy.

The play *Sordid Lives* by Del Shores is on stage September 21, 22, 23, 28, 29 and continued on page 7

Symphony To Open Season With Beatles Tribute

The Southwest Florida Symphony will open its 57th season with The Beatles tribute Classical Mystery Tour at Barbara B. Mann Performing Arts Hall on Saturday, October 21 at 7:30 p.m.

Classical Mystery Tour features four musicians with the uncanny likenesses of John Lennon, Paul McCarthy, George Harrison and Ringo Starr along with conductor Nir Kabaretti and the Southwest Florida Symphony.

Tickets are \$29 to \$89 per person and are available by calling the Southwest Florida Symphony box office at 418-1500, by visiting the box office located at 8290 College Parkway, Suite 103 in Fort Myers, by calling the Barbara B. Mann Performing Arts Hall box office at 481-4849 or online at www.swflso.org. Tickets are also available at the door one hour before the performance.

Classical Mystery Tour will continued on page 22



Classical Mystery Tour

photo provided

Historic Downtown Fort Myers, Then And Now:

Day's Difference In Dean Park



by Gerri Reaves, PhD

These two “now” photos of First Street and Cranford Avenue were taken less than 24 hours apart, one on the day before Hurricane Irma arrived and the other the morning after.

The scene is the entrance to Dean Park, an historic neighborhood named for John Morgan Dean and valued for its architectural variety and sense of place.

The founder of two successful furniture companies in Rhode Island, Dean first visited Fort Myers in 1898. In 1900, he moved to the pioneer town and began purchasing land, including, in 1901, 38 acres along Billy's Creek for \$8,500.

Much of that land (minus riverfront parcels sold separately) would later be Dean Park (originally called Hyde Park), the first planned real estate development in Fort Myers.

The standing water resulting from the recent hurricane reminds us of the history and geography of the swampy land itself, which was known by early residents to flood during the rainy season.

Enormous amounts of fill – 150 thousand cubic yards from the Caloosahatchee – were required to make the area suitable for housing. Nevertheless, the subdivision had the lowest elevation within the city.

After dredging work, streets were constructed, sidewalks laid and lush vegetation planted. In late 1914, once the real estate prices justified it, the subdivision was marketed.

Dean set a tone for the neighborhood with restrictive covenants – a new practice in Fort Myers -- that influenced building quality and the economic demographic:

continued on page 14



The afternoon before Hurricane Irma's visit, the Dean Park entrance at First Street and Cranford Avenue was calm and dry photo by Gerri Reaves



Even circa 1916, Dean Park was noted for its lush foliage. This scene is Providence Avenue. courtesy Southwest Florida Historical Society



The morning following the hurricane, the low-lying land's history bubbled to the surface. By the next day, the area was dry. photo by Gerri Reaves

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The River Weekly News reserves the right to refuse, alter or edit any editorial or advertisement.



Craft Beer Fest To Benefit Ronald McDonald House

Craft beer enthusiasts will tap in to over 60 brews to benefit Ronald McDonald House Charities (RMHC) of Southwest Florida at the 6th annual Brew-Ha-Ha Craft Beer Festival on Saturday, October 21 at Mercato in Naples. This year's roster provides an opportunity for the legal-drinking-aged public to taste a substantial representation of beers courtesy of Coastal Beverage with a spotlight on Florida Breweries. Featured breweries include Naples Beach, Bury Me Brewing, Scotty's Bierwerks and Coppertail Brewery. Visitors can spend an evening of craft beer tasting, stein holding contests and live music by Rockin' Horse.

The festival will take place on the lawn across from The Pub. Gates open at 5 p.m. with unlimited beer



Attendees at the 2016 festival

tastings until 8 p.m. Discount tickets are available until October 20 for \$35 at www.brewhahamercato.com.

photo provided

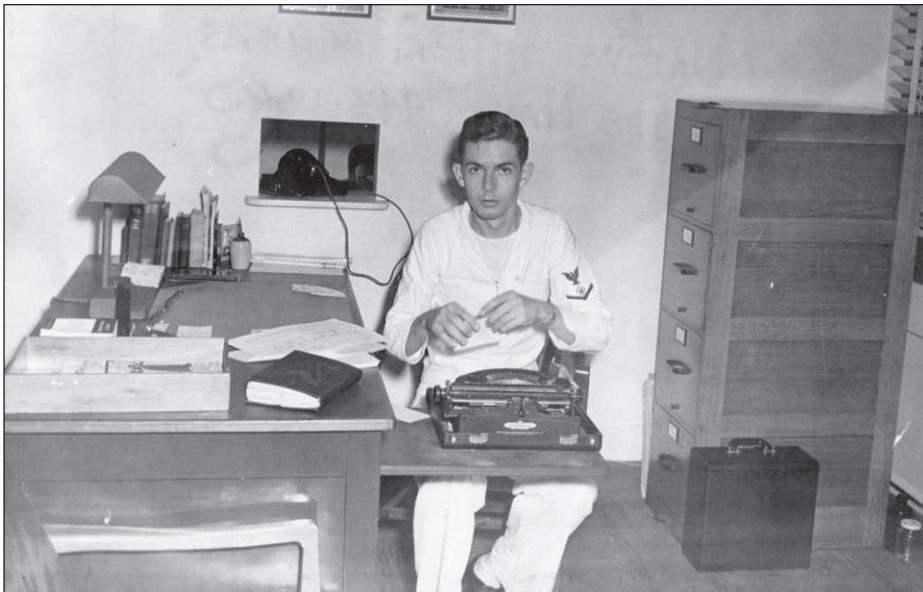
Tickets will be \$40 at the gate. A VIP Brewmaster's Ticket is available for \$65 and includes early access starting at 4

p.m., access to VIP tent with exclusive limited release beers, keepsake light-up mug, and unlimited bottled water and soda. Lawn chairs, blankets and well behaved pets are welcome. Participating Mercato restaurants will have menu items for purchase. No coolers or outside food will be permitted.

For more information and newly added breweries, visit www.brewhahamercato.com or call Shannon at 437-0202.

The mission of Ronald McDonald House Charities of Southwest Florida is to create, find and support programs that directly improve the health and well-being of children and their families in Lee, Charlotte, Collier, Glades and Hendry counties. RMHC of Southwest Florida supports the Ronald McDonald House, Ronald McDonald Care Mobile, Ronald McDonald Family Room, as well as grants and the RMHC U.S. Scholars programs.

Mercato is located on U.S. 41 at Vanderbilt Beach Road. To learn more, visit www.MercatoShops.com or www.facebook.com/mercatonaples.✱



Billy Nalle serving in the U.S. Navy during World War II

photo provided

Fort Myers In 1930s And 1940s On Movie Screen

Travel to Fort Myers of the 1930s and 1940s in 8-millimeter films shot by Fort Myers native Billy Nalle, legendary musician and composer.

The event is sponsored by the Southwest Florida Historical Society, an all-volunteer nonprofit organization celebrating its 54th year.

The films, edited and narrated by local historian Gerri Reaves, will be shown at the Sidney & Berne Davis Art Center on Wednesday, October 18 at 7 p.m. in downtown Fort Myers.

Watch Berne Barfield Davis, Queen of Edisonia, float down First Street in the Edison Festival Parade; witness the dedication of the Fort Myers Yacht Basin or a thrill to a plane landing at unpaved Page Field; drive through Fort Myers Beach's coral arches and onto the swinging bridge; picnic on the beach with the Fort Myers Senior High School class of 1939; attend a 1947 commemorative celebration of VJ Day; and watch the Green Wave march in a parade. And much more.

Tickets are \$15. Go to www.sbdac.com, call 333-1933, or stop by the box office at 2301 First Street in downtown Fort Myers.

Doors open at 6 p.m. with cash bar.✱

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The crew before departure

photo provided

Local Officers Help Out in Key West

Officer Edward Cutie of the Fort Myers Police Department (FMPD), originally from Key West and a former member of the Key West Police Department (KWPD), learned first hand of the destruction caused by Hurricane Irma after finally getting in touch with old colleagues and friends in the Florida Keys. He decided to email his fellow members of the FMPD to ask for help in collecting a truckload of supplies and get them to first responders in Key West.

"I know this is last minute but I will be heading down to Key West tomorrow to take KWPD officers supplies," he wrote. "My friend said what they really need are like garbage bags, tarps, plastic bins, etc. He said they have not received any help with these, leaving their homes or what's left of them and their personal belongings exposed. (They need) "basic essentials like shirts, socks, baby wipes, etc. My friend said that if I was able to get them energy drinks they would love it as they don't have access to anything and are exhausted."

Twelve hours later, the plan shift from Officer Cutie's personal pick-up truck to a 24-foot U-Haul being filled with cases of water, diapers, hygiene products, chain saws,

cleaning products, storage bins, clothing and much, much more. FMPD officers worked along with National Guardsmen in a bucket brigade line tossing boxes of MREs (meals ready to eat) and other supplies onto the truck while others hauled loaded hand trucks up the ramp of the moving van. By 1 p.m., the truck was packed with donated items and products purchased with funds donated by officers, merchants and friends and was ready to make the drive.

Special thanks go to Home Depot, Walmart, Race Trac, Lowes, BJ's Mgr. Barry Sillie, Pepsi, private citizens and FMPD.✪

Atrial Fibrillation Awareness Event

Lee Health's Shipley Cardiothoracic Center, along with Florida Heart Associates and Lee Physician Group Cardiology, will present the second annual Get in Rhythm Atrial Fibrillation Awareness Event at Lee Health's Healthy Life Center at Coconut Point on Saturday, September 23 from 10 a.m. to 1 p.m., The annual event is offered as part of Atrial Fibrillation Awareness Month.

An estimated five million Americans live with atrial fibrillation (AFib), which is an irregular heartbeat that can cause major health problems, including congestive heart failure, leaky heart valves and stroke. New advances in AFib will be discussed at the event.

The event will also feature:

Presentations and discussions with physicians, nurses and other clinical experts, including Electrophysiologists

Anuj Agarwal, MD, and Roshan Vathiyam, MD, who will discuss what AFib is, signs and symptoms, treatment modalities and possible complications. Paul DiGiorgi, MD, chief cardiothoracic surgeon, will discuss surgical treatment options for AFib, including the minimally-invasive Maze procedure and its success rates, as well as atrial appendage clipping procedures

Valuable health information

Light refreshments

Games with prizes and more

For more information about the event, call Shipley Cardiothoracic Center at 343-7000. To register for the event, call the Healthy Life Center at 495-4475.

Lee Health's Healthy Life Center is located at Coconut Point, 23190 Fashion Drive, Suite 105, in Estero. For more information about Shipley Cardiothoracic Center and naming/sponsorship opportunities, contact Linda Kelly of Lee Health Foundation at Linda.Kelly@LeeHealth.org or 343-6064.✪

Arts On Tap Fundraiser

The Alliance for the Arts will host its fundraiser Arts On Tap on Friday, October 20. Arts On Tap is an indoor pub crawl featuring the craft of local brewers and distillers benefiting the Alliance for the Arts.

Event proceeds provide support for the Alliance's robust arts education program for children, adults and families and continue to enlighten, enrich and entertain southwest Florida through affordable and accessible programming.

"Since we are devoted to being a champion for artists, we have decided to celebrate the artistry of craft beer and distilling," said development director Jessica Clark Wisdom. "From artists and eateries, to cultural organizations and music, the evening will provide

artful offerings to suit every taste. Our vision for Arts On Tap is to celebrate the local artisans and businesses redefining southwest Florida."

Participating crafters include Bury Me Brewing, Eight Foot Brewing, List Distillery, Momentum Brewhouse, Old Soul Brewing, Point Ybel Brewing Company, Webster's Catering and Wicked Dolphin Rum.

Cost for VIP tickets are \$75. General admission tickets are \$50 and include unlimited tasting from participating breweries and distilleries.

The event is sponsored by Custom Packaging and Products and EnSite. Sponsorships and visibility opportunities are also available at ArtInLee.org/OnTap.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.ArtInLee.org/OnTap.✪

Law And Order Ball Postponed

In the interest of safety and sensitivity to the men and women being honored and their heroic efforts, the 2017 Law and Order Ball will be postponed and a

new date will be announced when the community has had the chance to recover from the impact of Hurricane Irma.

The committee will work through the logistics of attendance, tickets and other issues while the community recovers.

If you have any questions, contact the Eventful Company at 287-0780.✪

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Fort Myers Art:

Gallery Features Pastel and Ceramic Artists

by Tom Hall



Harbour View Gallery in Cape Coral is featuring work by Sally Schmett and Marc Geldon during the month of September.

Schmett, a pastel artist, weaves into her art everything

she sees, feels and experiences. She often has her camera in hand, trying to capture life as it happens. Then, she recreates the images she captures to the best of her ability using an array of chalk pastels.

This versatile medium can look classical or modern, depending on the texture and depth Sally applies to her pictures. By working primarily in pastels, Schmett finds the variety of hues necessary for painting life's vibrant colors – especially Florida's diverse and extensive flora and fauna.

Schmett prefers to work on panel. By combining pastel and wood, another dimension of texture is added. Both depth and realism are affected by the type of wood panel she uses, and part of her creative process involves experimenting with new and different kinds of wood panels. Her overarching goal is for her art to mirror the simple beauty of life around us.

Schmett has both a bachelor of science and a masters education from Indiana University. Her work has been juried into numerous fine art shows. Her pastel artwork *Sweet Jenny* (steel mill), hangs in the Youngstown Historical Museum. She



Artwork by Sally Schmett

image courtesy www.artswfl.com

and her husband, Fred, became permanent residents of Cape Coral just this year. Prior to 2017, they had called Indiana home. Although she spent her entire life there, it was an adventure of extremes – from the shores of Lake Michigan to the farthest southern hills in the “boot” of Indiana. That environment always offered thought-provoking subjects for her art, from steel mills, landscapes and waterscapes to the people. Now, she'll look to Florida for her motifs.

Forty years ago, Geldon, a ceramic artist, began his love affair with pottery. While finishing his undergraduate degree in advertising at the University of Florida, he took courses in ceramics, eventually obtaining masters both in ceramics and fine arts at Northern Illinois University.

Geldon has maintained a ceramic studio no matter where he settled. He's taught at universities, sold at art shows and been represented by various galleries around the country.

Geldon has won awards at the Peachtree Art Festival in Atlanta and Coconut Point in Miami. He owned and operated his own gallery in Atlanta called Somewhere in Time.

Fifteen years ago, Geldon moved to Southwest Florida and became an avid fisherman, spending time on the waters of Sanibel and Captiva islands. A fascination with marine life, coral reefs, the ocean and sunsets emerged. His style changed to incorporate these themes into his pieces, and he developed his signature “rainbow glaze” that would mirror swirling ocean waves and beautiful sunsets.

He combined this with his wheel-thrown pottery and incorporated figures of marine life into his pieces. He also wanted something functional, so all his glazes are lead free and safe for any type of use. All his works are one of a kind and hand-signed on the bottom of the piece.

The work by Schmett and Geldon will be on display through Saturday,

September 30.

The gallery is located at 5789 Cape Harbour Drive, Suite 104 in the Shops at Cape Harbour. For more information, call the gallery at 540-4780.

Photography Exhibition Coming To Alliance In October

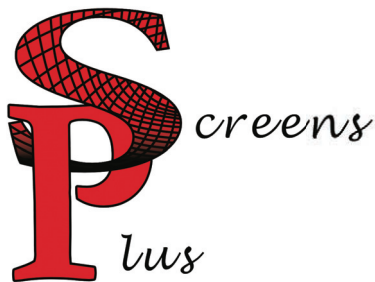
Among artistic mediums, photography is a relatively recent arrival. Though invented in the mid-19th century, it wasn't elevated to an art form until the 20th century. Drawing attention to this new artistic discipline, the Alliance's upcoming exhibition, Your Best Shot, is dedicated to photographers and photography. The show opens on October 6.

Steve Chase will judge the exhibition. Chase has taught fine art photography at Florida SouthWestern State College since 2008. He holds degrees in both fine art photography and motion pictures. Prior to teaching at FSW, Chase was one of the founding faculty members of the Undergraduate Program of the School of Motion Pictures Arts at Florida State University, where he served as a full-time faculty member from 1990 to 2004.

In 1997, Chase won Florida State University's highly coveted TIP award for excellence in college teaching. In 2002, he was nominated for a university teaching award. In 2004, he was recognized for his distinguished contribution to the success of the film school.

Chase is a recipient of a Florida Individual Artist Fellowship – 1992 – Division of Cultural Affairs, State of Florida. His photography has been exhibited throughout the state and nationally. His films have been screened at festivals nationally and internationally.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**



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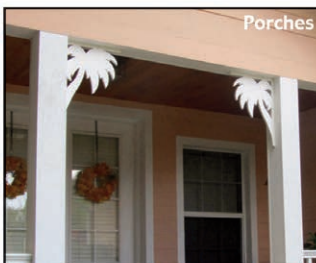
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Science Center Presents Exhibit

IMAG History & Science Center is presenting a new experience from NRG! Exhibits about the effects of acidity in the oceans. The exhibit will serve to educate and inform guests about the impacts of ocean acidification in an up close and interactive way.

“The oceans have experienced a 30 percent increase in acidity in recent years, and many are not aware of this or the negative impact it is having,” said executive director Matt Johnson.

The information that comprises the exhibit, Climate Change Oceans: Acid vs. Life, was gathered by a group of citizen scientists and film crews that traveled to the University of Belize Marine Research Station. The diving they did there, on the largest coral reef in the Western Hemisphere, and the data and images they collected form the basis for the exhibit. Their expedition was organized in conjunction with the Port Townsend Marine Science Center and The Explorers Club.

The exhibit will include a life-size replica of a coral reef that will allow energetic guests to crawl through it and experience what a diver sees while exploring the

ocean. Six live action and computer animated video stations will engage guests in learning about the compelling topic of acidification. Guests will also gain perspective on the diversity of reefs via displays of shells, and will examine coral, sponges and other marine life through a microscope.

“Our hope is to bring this very real phenomenon alive and educate visitors about what is occurring in our oceans,” said Johnson.

The exhibit opened on September 20 and runs through the end of the year.

IMAG History and Science Center is a family-friendly destination offering fun interactive exhibits, an aquarium, history displays and a 3D theatre. The mission is to engage guests in the exploration of Science, Technology, Engineering and Math (STEM), and more recently the history of Southwest Florida. This is achieved through hands-on experiences and educational programs that further the understanding of the natural and human-made world, and to foster an appreciation for Southwest Florida's unique environment, natural waterways and rich history. A visit to IMAG nurtures intellectual curiosity, discovery and innovation.

For more information, visit www.theIMAG.org or visit in person at 2000 Cranford Avenue in Fort Myers.*



Sandra Dixon and Kenneth Johnson

From page 1

Lab Theater

30 at 8 p.m., and September 23, 24 and 30 at 2 p.m.

Chaos erupts in Winters, Texas when Peggy, a good Christian woman, hits her head on the sink and bleeds to death after tripping over her lover's wooden legs in a motel room. The author of *Daddy's Dyin' (Who's Got the Will?)* brings you a black comedy about white trash that was nominated for over 30 awards during its long run in Los Angeles.

The Los Angeles Times wrote: "(This play by) the master of Texas Comedy... is maybe funnier than *Daddy's Dyin'*. His colorful eccentrics are dead on, teetering on a Bowie knife's edge between the hilarious improbable and the achingly real."

According to *DramaLogue*: "Run, don't walk to Del Shores' new play!"

Artistic director Annette Trossbach would like to thank playwright Del Shores for waiving his royalty fee for last Sunday's open dress rehearsal for the Fort Myers community. "This is a cult classic with a lot of heart, and is sure to give our community some much-needed levity after a very difficult week."

Director Scott Carpenter said, "It is my hope that *Sordid Lives* can both entertain and touch the hearts of the audience. If just one person leaves the theater and accepts someone despite their differences or heals a damaged relationship, then we did our job."

Tickets are available at www.Brownpapertickets.com or by calling the box office at 218-0481. For additional savings, ask about purchasing a 2017-18 season pass.

For more information, visit www.LaboratoryTheaterFlorida.com. The Laboratory Theater of Florida is located in the historic Fort Myers River District at 1634 Woodford Avenue.✱

Pirate Festival To Forge Ahead

One day after an announcement of cancellation, the 12th annual Fort Myers Beach Pirate Festival will be held with a modified format and schedule.

The Fort Myers Beach Chamber of Commerce event is scheduled during Columbus Day weekend from Friday, October 6 to Sunday, October 8.

The modified format and schedule include a number of missing elements from past years. There will also be no admission fee, and the festival will be spaced out along Old San Carlos Boulevard.

"Because of the continuing effect of Hurricane Irma on the businesses and residents of Fort Myers Beach and all of Florida, and due to the outpouring of support we received from this morning's cancellation announcement, we feel it is in everyone's best interest to hold

the 2017 Pirate Fest with a modified schedule," said Jacki Liszak, president of the Fort Myers Beach Chamber of Commerce on September 18.

"The focus of our island right now is getting our business and residential life back to normal, and we are working with limited resources. We feel that with a modified schedule and format, our Pirate Fest Weekend will still bring much needed stress relief and normalcy to our residents and guests while allowing our businesses to rebound from the Hurricane's financial impact."

Pirate Festival entertainment and vendor coordinator Belinda Hadcock is happy that there will still be an event, "There's always a silver lining," said Hadcock, "and we're going to take advantage of this year's event changes to bring an even bigger and better Pirate Fest to Fort Myers Beach next year."

For more information, contact the Beach Chamber at 454-7500 or events@fmbchamber.com. For entertainer and vendor questions, contact Belinda Hadcock at admiralbelinda@gmail.com.✱

Art League Of Fort Myers Names Artist Of The Month

Robinette Apelgren was recently named the Artist of the Month at The Art League of Fort Myers.

Apelgren has been painting for more than 35 years. Painting allows her to go into "another world," looking at creation in a new way and depicting its beauty. It is the hope of the artist to enable her audience to experience moments captured in paintings.

Robinette paints florals, landscapes, still lifes and portraits. She especially enjoys painting children's portraits. Many commissioned artworks have been created including florals, landscapes, still lifes as well as portraits of people, pets or homes.

Robinette has also written two books that have been published. One is a children's book titled *Oh, Yes I Can!* The other is a book on mothering called *God's ABCs on Mothering*.

For more information on the artist or to purchase her books, visit www.robinetteartpub.com.✱



Robinette Apelgren

photo provided

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Along The River

The Island Hopper Songwriter Fest begins its 10-day schedule this weekend on **Captiva Island**.

The showcase, now in its fourth year, features singer-songwriters performing in intimate settings on Captiva, downtown Fort Myers and Fort Myers Beach.

On Friday, September 22, Saturday, September 23 and Sunday, September 24, festival-goers can visit seven different Captiva venues: The Crow's Nest Beach Bar & Grille; Tween Waters Island Resort & Spa (poolside); Keylime Bistro; Cantina Captiva; RC Otter's Island Eats; Doc Ford's – Captiva; and The Mucky Duck.

The Island Hopper Songwriter Fest returns with dozens of star-studded performers. The performing artists are songwriters who have written No. 1 hits for such stars as Jake Owen, George Strait, Garth Brooks, Brad Paisley, Celine Dion and Ariana Grande. These up-and-comers will also provide back stories during their sets.

The songwriter fest is presented by BMI, iHeartMedia, Cat Country 107.1 and The Lee County Visitor & Convention Bureau.

Visit www.island-hopper.fortmyers-sanibel.com/schedules for each venue's schedule.

A new musical entitled **Groovin': The 60s and 70s Musical** will continue at the **Broadway Palm Theatre** this weekend. The dinner theater will feature songs like *Midnight*



SouliXer

photo provided

Train To Georgia, Let's Get It On, Sweet Home Alabama, Saturday Night Fever, I Want You Back and Stayin' Alive.

On Friday, the schedule involves dinner at 5:30 p.m. and the show at 7:30 p.m. On Saturday, lunch will be served at 11:45 a.m. with a 1:15 p.m. showing. On Sunday, you can choose between an 11:45 a.m. lunch and a 1:15 p.m. show or a 5:30 p.m. dinner and a 7 p.m. show.

For more information and ticket costs, visit www.broadwaypalm.com. The **Noteworthy Concert Series**,

which was slated to kick off at the **Sidney & Berne Davis Art Center** on September 8 with musical act SouliXer but was postponed due to Hurricane Irma, will now kick off this Saturday, September 23. The series involves a unique pairing of a band with a craft beer brewery. Cost for tickets is \$5 per concert. Doors open at 7 p.m. and the show begins at 8 p.m.

SouliXer will pair up with Old Soul Brewery for the first of four shows during September and October.

SouliXer is a cosmic, three-piece concoction of just the right amounts of funk, rock and soul.

Guitarist and vocalist Thomas O'Brien, bass guitarist Mason Reinek and drummer Cayce Dillard formed as a band while attending high school in Cape Coral in 2010. They have since moved to Boston and put countless

hours into performing and writing together. Their latest EP, *Sunchild*, released in June 2017, will be followed by a tour later in the year. For more information, visit www.facebook.com/SouliXer.

Started by a family in Fort Myers, Old Soul Brewing is known for crafting some of the tastiest beers in town. Some of the more notable brews include Comb Over Honey Ale and Defector.

Old Soul Brewery is located at 10970 South Cleveland Avenue in Fort Myers. For more information, visit www.facebook.com/OldSoulBrewing/

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information, visit www.sbdac.com.

The Florida Department of Health in Lee County and Lee County Parks & Recreation are partnering for the **2017 Color Splash 2.0 5K race at Wa-Ke Hatchee Community Park** this Saturday, September 23 starting at 7:30 a.m.

This family friendly 5K encompasses three laps within the park. Registration and participation is free but limited to the first 500 registrants.

The event will feature Florida's Healthiest Weight activity and honor World Heart Day 2017. Lee County Emergency Medical Services responders will partner with Florida Department of Health in Lee County CPR instructors to demonstrate a "hands only" CPR technique. Vendors will share ideas for active family fun and healthy eating.

Wa-Ka Hatchee Community Park is located at 16760 Bass Road in Fort Myers.

Registration may be completed online at www.surveymonkey.com/r/XFN2W5S.



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Red Sox Golf Tournament Cancelled

Due to the impact of Hurricane Irma on Southwest Florida, the Red Sox Foundation is cancelling its 6th annual Swings for the Sox golf tournament, which was to be held October 6.

"We appreciate all the outpouring of support we have received for this year's event and we appreciate the continued support of the Red Sox Foundation," said Katie Haas, vice president of Florida business operations for the Boston Red Sox. "At this time, we feel it is important to stand united with our neighbors in Southwest Florida during this recovery."

The Red Sox announced last week that they have joined forces with the Minnesota Twins to create a Hurricane Irma Relief Fund at <https://floridacommunity.com/redsox-twins-fund/> with all money raised staying locally in Southwest Florida. Each team donated \$100,000 to the fund.

"The Swings for the Sox event is

one of our most important fundraisers of the year as it provides scholarship money to send Lee County public school students to college," Haas added.

Proceeds from each year's tournament benefit the Lee County Red Sox Scholarship in partnership with The Foundation for Lee County Public Schools, Inc. Last year, the Red Sox Foundation awarded a \$5,000 college scholarship to one deserving student from each of the 13 public high schools in Lee County.

There are still a few raffle tickets remaining for the Ultimate Red Sox Raffle. This Red Sox fan experience includes a trip for four to Boston with four round trip airline tickets on JetBlue Airways, a two-night stay at the Hotel Commonwealth, tickets to two games at Fenway Park including seats on the Green Monster and a VIP Tour and dinner in the State Street Pavilion at Fenway Park. Only 100 raffle tickets will be sold at \$75 each with all proceeds going to support the Lee County Red Sox Foundation's scholarship fund. To purchase a raffle ticket, call 226-4783 or visit www.redsoxfoundation.org/fenwaysouthraffle.



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Volunteers at the Skatium

photo provided

City Officials Aid In Recovery Efforts

Officials from the City of Fort Myers have given away more than 100,000 pounds of ice, while providing necessities like food, water and diapers to more than 17,000 residents since Hurricane Irma recovery efforts began.

Recently, volunteers from Citygate Ministries, city officials and staff members of the Fort Myers Skatium were involved in distributing ready-to-eat meals, bottled water and ice until supplies lasted at the Skatium's 2250 Broadway location in downtown Fort Myers.✱

Giving Fund Established

The Southwest Florida Community Foundation has joined forces with the United Way of Lee, Hendry, Glades and Okeechobee to create a giving fund to move money to nonprofits who can help individuals in the aftermath of those affected by Hurricane Irma. Officials announced that \$500,000 has been raised to date including a community challenge.

In addition, the foundation will distribute funds to Collier and Charlotte counties through the Community Foundation of Collier County, United Way of Collier County, Charlotte County Community Foundation, United Way of Charlotte County and other nonprofit organizations designated by donors.

Early contributors to the fund to support the region include JP Morgan Chase, Boston Red Sox, Minnesota Twins, Richard M. Schulze Charitable Foundation, Fort Myers Miracle, Robert Rauschenberg Foundation, Scott Fischer Enterprises Fund, and more.

Several philanthropists have stepped up to inspire community giving through \$100,000 in challenge gifts. The Schulze Family Foundation will match up to \$50,000, and Georganne and Cliff Williams, Norman Love Confections/Mary and Norman Love, Bill and Caroline Bloomhall, and FineMark National Bank & Trust/JoAnn and Joe Catti will also match an

additional \$50,000 in gifts to the fund.

People can donate online or by text.

Contributions are tax deductible.

One hundred percent of the funds donated through the Southwest Florida Community Foundation will be used to provide emergency funds to directly help people in Southwest Florida.

Donors can give at www.FloridaCommunity.com

or text GIVESWFL to 444999.✱

Sanibel Museum Family Discount Through Weekend

The Bailey-Matthews National Shell Museum will offer a family discount through Sunday, September 24.

The discount, which began Monday, September 18, involves a buy one adult admission and receive one free youth or child admission.

The museum is open from 10 a.m. to 5 p.m. Activities include family arts and crafts as well as live animal tank talks throughout the day. Create a shell masterpiece to take home and see tanks with live mollusks.

The museum, which has a collection of shells from around the world, boasts world-record-breaking horse conchs and lightning whelks from Southwest Florida. Take a marine biologist-led beach walk at the Island Inn and learn how to find the best shells for yourself.

Visit www.shellmuseum.org for more information on the museum's daily programming.✱

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.

BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalhouse@aol.com, 850-3943.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambogodchurch.net, 267-3525.

NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.17671PineRidgeRoad.com, 267-7400.

PEACE LUTHERAN

Sunday 9:30 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@peaceftmyers.com, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

Meditation classes. MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC

Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC

Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN

Sunday 10 a.m. 3049 McGregor Boulevard,

344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com, 481-5535.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.

UNITY OF FORT MYERS

Sunday 9:15 and 11 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE

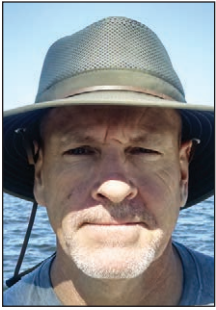
Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.✱

CROW Case Of The Week:

Hurricane Patients



by Bob Petcher

While healthy people have the opportunity to evacuate before a potentially catastrophic event, injured or sick men and women do not have the same free will. The same applies to sick or injured animals.

At CROW, decisions need to be made prior to imposing hurricanes or other tropical storms that may affect Sanibel and the

rehabilitation clinic. Patients at the clinic are evaluated, and determinations are made.

Just prior to Hurricane Irma, CROW officials reported that there were more than 100 patients at the clinic. Of the large number, some remained hospitalized while others were discharged or brought to inland locations.

"We had approximately 130 patients in our care at the time of the storm," said Dr. Robin Bast, CROW veterinary intern. "Those deemed able to be released were released prior to the storm. Others that needed continuous care were evacuated to safe locations off island with staff members or students. Some patients remained inside the main hospital, which was built to withstand hurricane force winds and has a generator, so it maintained power throughout the storm. Those patients were left enough food/water for a couple of days until staff could return on Monday, the day after the storm, to resume normal treatments."

Dr. Bast stated that every patient that remained at the clinic survived the storm.

One patient that remained in the clinic was an adult gopher tortoise that was admitted from Lehigh Acres on September 2. The tortoise was reportedly struck by a vehicle and suffered multiple large comminuted



Patient #17-3120 after surgery to repair several broken pieces of its shell

(multiple piece) fractures on the upper part of its shell and under-shell area. Two days after admittance, surgery was performed to place screws and wire on the carapace and plates in the plastron to hold the fractured pieces in place as they heal. After the surgery, the patient was said to be bright, alert and eating well.

Dr. Bast explained that broken tortoise shells can become problematic.

"The shell itself is living bone, so even shell damage can cause systemic problems if the bone becomes infected," she said. "The tortoise's coelomic cavity – tortoises do not have a diaphragm, so instead of a chest and abdomen, they have one large internal cavity called a coelom – was open, exposing internal organs and some hemorrhage had occurred."

The patient's shell will take time to heal.

"Given the complicated nature of the shell fracture



photos by Brian Bohlman

prior to surgical repair, it will take a minimum of six to eight weeks for the shell to stabilize and the pieces to no longer be freely movable," said Dr. Bast. "The shell will take over a year to heal completely, but the tortoise does not need to be at the hospital for that entire time, only until the fracture is stabilized and infection has been cleared."

The patient will remain under care for the time being.

"We intend to release him in a couple months once he has met the criteria for release," said Dr. Bast.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Post Irma Bite Going Off



by Capt.
Matt Mitchell

It was a much needed relief to return back to fishing this week after the Lee County barrier islands dodged the bullet of Hurricane Irma. Getting back to work after not

being on the water for almost a week, I found little to no damage out there. All the channel markers and no wake signs even made it though the storm. The lack of boats on the water was the most noticeable change and, best of all, despite the brown water from all the run off, fishing was on fire.

My first day back on the water I went without clients just to see what had changed and locate the bait and fish. Heading out of the canal at first light, I expected to see damage in the sound like Hurricane Charley had caused, like stripping many of the mangrove islands and changing the whole look of the bay. To my delight, it was hard to tell we had any kind of weather event let alone a Cat 3 hurricane. The local neighborhood canals and waterways where not clogged with screen enclosures and carports. The only visible damage was a few damaged docks, torn screened lanais and boat lift covers ripped down by the wind.



Bill Farmer and Jack Campbell with a post Hurricane Irma redfish double caught this week with Capt. Matt Mitchell

photo provided

Usually the first thing that is affected by a major weather event is the bait that either moves offshore or just disappears. I ran up by Redfish Pass, and the water was still a funky brown color. But shiners and pinfish came right in after only a few minutes of chumming in moving current on a favorite grass flat. After a few throws of my cast net, the live well was full, and I could go fishing. Having a live well full of bait was a big relief as things finally felt like they were getting back to normal again. Only a few days earlier, I was not sure if I would even have a house or boats to return back to. A hurricane really gives you a priority reality check and is a small price

to pay in the overall picture for living in paradise.

Big high water was the perfect set-up to fish oyster bars. Wow, was the bite good. Returning to these same oyster bars the following day with clients paid off with Redfish up to 30 inches and lots of snook up to 24 inches. During the morning charter we fished four or five different oyster bars all with the same set-up and caught fish at every stop. This brown, brackish cooler water was what it took to fire off these fish.

September is always one of the slower months for fishing guides and other local businesses. This major hurricane we somehow dodged along

with all the national TV news coverage of total devastation caused in other areas of Florida certainly won't help anyone's sales this month. If you feel like getting away from the stress of last week, I can't think of a better place to do it than out on our local waters and fishing. There is very little pressure out there, and the fishing is some of the best we have seen in months.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.**

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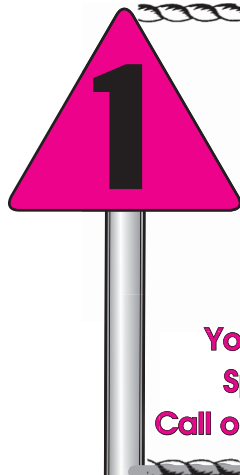
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Dave Doane

Restoration Project For Public Lands Day

Lee County Parks & Recreation and Conservation 20/20 will celebrate National Public Lands Day on Saturday, September 30 with a volunteer-centered restoration project at Prairie Pines Preserve, one of Lee County's largest nature areas.

Volunteers will participate in a variety of park maintenance activities to enhance, restore and beautify the county's natural lands. Workday assignments may include vegetation trimming along trails and pathways, trash collection and the removal of invasive plants. Volunteers will work in small groups to perform the restoration project together.

National Public Lands Day is the nation's largest, single-day volunteer event dedicated to public lands. It is an annual event intended to improve public lands and promote outdoor

recreation. Federal agencies, hundreds of state, county and city partners as well as a host of nonprofit groups will join collectively in this effort. For more information, visit www.NEEFusa.org/NPLD.

Conservation 20/20 officials will provide any tools and protective gear necessary. Volunteers must wear long pants and closed-toe shoes and bring a water bottle. Recommended items include a hat, sunglasses, sunscreen and bug spray. Each volunteer will receive a free pool day-pass to any one of Lee County Parks & Recreation's four year-round pools.

Both individual and group volunteers are encouraged. Email jboeckman@leegov.com to register. For more information about Conservation 20/20, visit www.conservations2020.org.

Prairie Pines Preserve is located at 18400 North Tamiami Trail in North Fort Myers. For more information about Lee County Parks & Recreation, locations, amenities, and special events, visit www.leeparks.org, call 533-7275 or email leeparks@leegov.com.✱

Scarecrows In The Park

Lakes Park Enrichment Foundation invites the Southwest Florida community to participate in its eighth annual Scarecrows in the Park contest during the Fall Festival from October 13 to 29 at Lakes Regional Park, 7330 Gladiolus Drive, in Fort Myers.

Local businesses, organizations, elementary and middle schools, youth groups, non-profits and community members can compete by building and displaying custom-made Fall (Halloween) displays at Lakes Park during the Fall Festival. The deadline for contest registration is September 25. Proceeds will benefit the Lakes Park Enrichment Foundation's Children's Discovery Garden project.

The Scarecrows in the Park competition will feature an Opening Weekend VIP Party for sponsors, builders and donors on Sunday, October 15. Celebrity judges will declare winners in several categories. Awards will be announced and posted on winning displays throughout the

event. From October 13 to 22, the public can participate in the People's Choice portion of the competition, voting for favorite displays. Winners will be acknowledged and awarded prizes for the remaining days of the festival.

In addition to the Scarecrows in the Park contest, the Fall Festival will feature a pumpkin patch, bounce houses, hayrides, the Halloween Express train, face painting and concessions. More than 50,000 people are expected to attend the festival.

Company sponsors can build their own displays for a \$250 donation. For \$300, they can sponsor a youth group to build their display for them. Nonprofits are \$150, and all proceeds benefit the Lakes Park Foundation. Registration forms are available at www.LakesPark.org; click on "Scarecrows 2017" in the menu. School or youth groups interested in participating are asked to contact Foundation Executive Director Erin White at Info@LakesPark.org.

For more information about Lee County Parks & Recreation, locations, amenities and special events, visit www.leeparks.org, call 533-7275 or email leeparks@leegov.com.✱



Netted chain fern has both sterile and fertile (center) fronds photos by Gerri Reaves

Plant Smart

Netted Chain Fern

by Gerri Reaves

Netted chain fern (*Woodwardia areolata*) is a member of the chain fern family and native to most of the eastern half of the continental U.S. It is on the protected-species list in several states, but not in Florida.

In the wild, this wetland fern grows in places such as swamps, bogs, hammocks, in floodplains and along streams, so it's a good low maintenance choice for a damp area with some shade.

Long-lived and up to two feet tall, it makes a good groundcover, forming colonies via rhizomes and providing some cover for small wildlife.

The bright green fronds of up to eight inches wide are dimorphic (having two forms). The fertile fronds are taller than the sterile ones.

The petioles, or leaf stems, of fertile fronds are shiny and reddish brown or



"Chains" of oblong sori on the undersides of the fronds are detectable on the uppersides

purplish black, whereas the sterile ones are scaly and straw-colored with darker bases.

The leaflets on fertile fronds are alternate, narrow and widely spaced.

However, the leaflets of sterile fronds have a more fully unfurled appearance, being lance-shaped with a tapering tip and fine-toothed edges.

The arrangement of the sori, or clusters of spore-producing organs, partially explain the species' common name. Dark brown and oblong or linear, the sori form two parallel rows, or "chains," on the undersides of the leaflets, one row on each side of the midvein.

The term "netted" describes the leaves' net-like venation.

This fern prefers acidic conditions with some organic content. It is not salt tolerant.

Propagate it by division.

Sources: *The Ferns of Florida* by Gil Nelson, fnps.org, plants.ifas.ufl.edu, and wildflower.org.

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Hurricane Recovery Should Prioritize Resilience, Natural Infrastructure

submitted by Derek Brockbank, ASBPA Executive Director

Hurricanes Harvey and Irma were, and continue to be, life-changing events for millions of Americans. These coastal storms brought devastation far beyond waterfront homes, reminding us that the coastal flood zone can range miles inland.

As communities throughout the impacted coastal zone begin to recover and rebuild, their focus should be on building back better and smarter than before – ensuring the next storm will do less damage and people in a storm's path will be better able to cope. This means building resilient communities and using natural coastal infrastructure – beaches, dunes and wetlands – to reduce flood risk.

While local coastal managers are still assessing damage, we are again seeing that natural coastal infrastructure did its job – beaches, dunes and wetlands protected property and lives at the expense of displaced sand and eroded coastlines. Following Hurricane Sandy, federal beach and dune projects were determined to have prevented \$1.9 billion in damages and coastal wetlands prevented \$625 million in damages. We expect Florida and Texas towns and counties that maintained wide beaches and high dunes to have less direct damage than those whose coastline was allowed to deteriorate.

Beaches, dunes and wetlands are the first line of defense against storm surge and coastal storm damage, but coastal flood and storm protection takes multiple lines of defense. During Hurricanes Harvey and Irma, evacuations saved lives, elevated homes saved property, and coastal research and modeling led to forecasts that gave people time to prepare. All coastal communities should have emergency management plans, proper zoning and regulations for building in flood zones. The federal government can support communities by funding coastal storm and flood risk reduction projects, ensuring the National Flood Insurance Program doesn't incentivize risky building practices and by investing in coastal research, data collection, modeling and forecasting.

As Texas and Florida communities recover with federal support, resilience must go beyond the shoreline. In Hurricane Harvey, inland flooding from excessive rain was far more destructive than the initial storm surge, so resilience planning must be systemic and watershed-based. Bayside flooding in both Harvey and Irma was as destructive as oceanfront flooding. Proper planning – including wetland and bay beach restoration, storm-sensitive building codes and beneficially using navigation channel sediment – can reduce this risk.

As seas rise and coastal storms intensify, post-storm restoration must be looked at systemically and with the goal of increasing resilience throughout the watershed. Federal support will be necessary to help local communities while ensuring efficient and systemic recovery and restoration that decreases future risk, not just piecemeal rebuilding. The federal government should provide funding to restore and rebuild, and should help communities become better prepared for the next storm, by promoting resilience and investment in natural coastal infrastructure such as beaches, dunes and wetlands.✱

FEMA Assistance

Florida residents with losses due to Hurricane Irma in nine Florida counties are now eligible for Federal Disaster Assistance from the Federal Emergency Management Agency, or FEMA.

Impacted residents from Lee County as well as Charlotte, Collier, Hillsborough, Manatee, Miami-Dade, Monroe, Pinellas or Sarasota Counties can go to www.DisasterAssistance.Gov to register.

If unable to register online, or through the FEMA app, call 800-621-FEMA (3362)

Applicants will need the following to apply: social security number; daytime telephone number; current mailing address; address and zip code of the damaged property; and private insurance information, if available.

By registering for federal assistance on www.DisasterAssistance.gov, one can: look up an address to find out if it is in a disaster area declared for Individual Assistance; check the status of an application and get updates by SMS or email; and upload documents to support the application.

Another option for individuals, including those who use 711 relay or VRS, is to call 1-800-621-FEMA (3362) while those who use TTY can call 1-800-462-7585. The toll-free telephone numbers will operate from 7 a.m. to 11 p.m. EDT seven days a week until further notice.

When an applicant registers, each receives a unique registration number. The registration number is important and should be written down and kept handy. Anyone who does not have a registration number is not yet registered.✱

Continental Women's Club

The Continental Women's Club will meet at The Hideaway Country Club on Thursday, October 5 at 11:30 a.m.

October's program will be a style show presented by Anthony's. Cost to attend the

luncheon is \$22.

The Continental Women's Club's Game Day will be held at Cross Creek Country Club on Tuesday, October 24 from 10 a.m. to 3 p.m. Cost is \$22.50, which includes a buffet luncheon and lots of fun. For reservations and more information on Game Day, call 415-7770.

The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. For more information, call 691-7561.✱

From page 2

Historic Downtown

minimum cost per house, minimum setbacks from the street and service lanes.

Features such as rear carriage houses and cottages were designed to attract seasonal residents.

Lush foliage also helped to create the unique look and feel of Dean Park, as seen in the circa 1916 photo of Providence Avenue.

Among the architectural styles of those historic home are Colonial, Mediterranean, Mission, Pueblo and Tudor Revival; Dutch Colonial; Prairie Style; Craftsman; English, Victorian and Colonial Cottage; Victorian Stick Style; Modern Ranch; and Pyramidal Folk.

In 1997, the leafy neighborhood bounded by First Street, Palm, Michigan and Evans avenues was given local historic district status.

In 2013, it was listed on the National Register of Historic Places and officially designated as the Dean Park Historic Residential District.

A walk through the neighborhood reveals the love and care that the homes, most of which were built in the 1920s, have received over the decades.

Modern infrastructure has greatly improved the perennial flooding, but obviously flooding remains a continuing concern.

Learn more about Fort Myers history at the following two research centers.

The Southwest Florida Historical Society is an all-volunteer non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday from 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society, *Dean Park Architectural Guide* by City of Fort Myers and *The Story of Fort Myers* by Karl H. Grismer.✱



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The “morning-after,” First Street at the edge of Dean Park and beyond was impassable
photos by Gerri Reeves

Downtown Bounces Back

by Gerri Reaves

Early Monday morning after Hurricane Irma, long lines of vehicles on First Street indicated the determination of residents and business owners to clean up, repair and return to normal.

Flooding was the most serious consequence of the storm. Motorists were turned back or impeded because of standing water along Dean Park’s north side, at Hough Street, and at Fowler.

Structural damage to metal carports, awnings and fences was evident, but rows of wind-lashed royal palms

remained glorious and unbowed.

But by the next day, most of the flooding had subsided and piles of debris were the most telling reminder of the storm. Along First Street, sturdy historic structures seemed virtually unfazed.

As for the main business district, rapid clean-up had it looking much as it did before Irma’s first breeze.

By Wednesday, a few restaurants were open and others were preparing to – a welcome sign to anyone who had gone the last few days without air conditioning or a hot meal.

Late Thursday afternoon, restaurants, cafes and bars were busy, and numerous dog-walkers enjoyed being out and about in the perfect weather.✧



Traffic hoping to reach downtown crawled by the entrance at the Beau Rivage, Riviera and St. Tropez condominiums



A manhole gushed at First Street and Cranford Avenue



On Tuesday, the nonchalant musician in Edgardo Carmona’s sculptor played on in front of the future site of the Allure development



Once Irma’s winds reversed, post-storm surge topped the seawalls on Billy’s Creek at Beau Rivage (foreground) and Alta Mar. Only hours earlier, Irma’s strongest winds had exposed yards of the Caloosahatchee’s riverbed.



This 1907 house at First and Avalon, which was already undergoing restoration, seemed unscathed by Irma

Financial Focus

Five Tips For Women Business Owners



by Jennifer Basey

Women are an integral part of the workforce, but they have had to overcome many obstacles along the way. Of course, challenges still remain, but women's success in the working world

is worth commemorating – which will happen on American Business Women's Day on September 22. Are you a woman considering "setting up shop" on your own? If so, here are five tips to consider:

Balance your goals. It's possible – perhaps even likely – that your business goals will conflict with your personal financial goals. After all, if you're purchasing new equipment or services for your business, you've got less money – at least for the time being – to put away for your own retirement or your children's education. Hopefully, your investment in your business will pay off in greater income, but, in any case, you will need to balance your personal and professional goals.

Create a retirement plan. As mentioned above, your ability to contribute to a retirement plan may be affected by the amount you put into your business – but that certainly doesn't mean you shouldn't have a retirement plan. In fact, for your future financial security, it's essential that you launch such a plan. Fortunately, small-business owners have a choice of plans, including an "owner-only" 401(k), SEP-IRA and SIMPLE IRA. Although the various plans have different requirements and contribution limits, they all offer tax-deferred earnings, which means your

money has the opportunity to grow faster than if it were placed in a vehicle on which you paid taxes every year. (Taxes are due upon withdrawal, and withdrawals prior to age 59 ½ may be subject to a 10 percent IRS penalty.) Plus, your contributions to a retirement plan may be tax deductible.

Arrange for "backup." Virtually all working women are familiar with the conflict between their careers and their roles as caregivers. Women are still more likely than men to drop out of the workforce for an extended period of time to care for young children or elderly parents. And your caregiving responsibilities won't end just because you are now a business owner. Consequently, you need to have someone you trust available to step in for you when your family obligations call you away from work.

Design a succession plan. When you want to retire, would you like to keep the business in your family? If so, you'll need to create a succession plan that works for you and whomever you'd like to take control. Such a plan can be complex, so you will need to work with your legal

and tax advisors – and you'll want to give yourself plenty of time to work out the details.

Build an emergency fund. Maintaining an adequate cash flow will always be a key task – one that involves your sales, billing cycles, inventory and other elements of your business. One way you can help yourself avoid troubles is to maintain an emergency fund consisting of a few months' worth of your business expenses. You'll want to keep this fund in a liquid, low-risk account.

Running your own business can be extremely rewarding, but it's never going to be an easy road. However, with perseverance and careful planning, you can smooth out some of the bumps along the way – and give yourself reason to celebrate American Business Women's Day.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.**

Protection Offered To Displaced Families

The U.S. Housing and Urban Development (HUD) recently committed to speeding federal disaster assistance to the State of Florida and provide support to homeowners and low-income renters forced from their homes due to Hurricane Irma.

President Trump issued a major disaster declaration for Broward, Charlotte, Clay, Collier, Duval, Flagler, Hillsborough, Lee, Manatee, Miami-Dade, Monroe, Palm Beach, Pinellas, Putnam, Sarasota and St. Johns counties. The President's declaration allows HUD to offer foreclosure relief and other assistance to certain families living in this county.

HUD is:

Granting immediate foreclosure relief – HUD granted a 90-day moratorium on foreclosures and forbearance on foreclosures of Federal Housing Administration (FHA)-insured home mortgages. There are approximately 280,000 FHA-insured Florida homeowners living in these impacted counties.

Making mortgage insurance available – HUD's Section 203(h) program provides FHA insurance to disaster victims who have lost their homes and are facing the daunting task of rebuilding or buying another home. Borrowers from participating FHA-approved lenders are eligible for 100 percent financing, including closing costs;

Making insurance available for both mortgages and home rehabilitation – HUD's Section 203(k) loan program enables those who have lost their homes to finance the purchase or refinance of a house along with its repair through a single mortgage. It also allows homeowners who have damaged houses to finance the rehabilitation of their existing single-family home;

Information on housing providers and HUD programs – The department will

share information with FEMA and the State on housing providers that may have available units in the impacted counties. This includes public housing agencies and multi-family owners. The department will also connect FEMA and the State to subject matter experts to provide information on HUD programs and providers.

Assisting the state of Florida and local governments in re-allocating existing federal resources toward disaster relief – HUD's Community Development Block Grant (CDBG) and HOME programs give the state and communities the flexibility to redirect millions of dollars in annual formula funding to address critical needs, including housing and services for disaster victims. HUD is currently contacting state and local officials to explore streamlining the Department's CDBG and HOME programs in order to expedite the repair and replacement of damaged housing; and,

Offering Section 108 loan guarantee assistance – HUD will offer state and local governments federally guaranteed loans for housing rehabilitation, economic development and repair of public infrastructure.*

Hurricane Irma Clean-Up Guidelines

Following Hurricane Irma, Lee County debris removal contractors have mobilized in the area. Residents are being asked to use the following guidelines to ensure that debris can be removed from your residential property in the most timely and efficient manner. Businesses need to contact their insurer regarding property damage and clean up.

Most Important – Storm debris should be placed at the curb and not in the roadway. Placing debris in the roadway creates a hazard for traffic and emergency responders.

Storm debris will be collected separately from your normal household trash and

recycling so keep it in separate piles.

Regular household garbage collections have begun and will continue to proceed on regularly scheduled collection days. Recycling and yard waste are suspended and will resume at a later date.

The storm debris crews of Lee County Solid Waste Division (SWD) may require several passes to collect all debris depending on the severity of the impact in your area. Monitor the news and the SWD website at leegov.com/solidwaste for detailed collection information for your specific area.

Place debris at the curb in separate piles: garbage, yard waste, building debris, appliances and other wastes. The Federal Emergency Management Agency requires documentation of the volume and type of debris collected to reimburse the county for storm cleanup.

Do not set household chemicals at the curb – those need to be taken to the Topaz Court Solid Waste Annex at 6441 Topaz Court in Fort Myers. Mixing chemicals with other debris creates a fire hazard.

For the safety of the collection crews, do not place anything beneath low-hanging obstacles like trees or power lines or near water meters, fire hydrants, mail boxes and especially downed power lines.

Household garbage must be placed in a 40-gallon can or heavy mil plastic bag each weighing no more than 50 pounds. If you have a larger county-provided container for automated garbage collection, you may use that as well.

Yard waste from this storm event does not need to be bundled. Place it in piles that can easily be managed by debris collection personnel with a claw truck.

Only debris generated by the storm event on maintained residential property is eligible for collection. Land clearing debris from unimproved or unmaintained land is not eligible for collection and is the responsibility of the property owner.

- Food must be removed from any appliance set at the curb. Inedible food should be properly containerized or bagged and placed with the garbage.

For more information, visit www.leegov.com/solidwaste or call 533-8000.*

Beware Of Misinformation, Rumors And Fraud

The Department of Homeland Security's (DHS) Federal Emergency Management Agency (FEMA) is raising awareness that Hurricane Irma disaster survivors and their friends and family, should be alert for false rumors, scams, identity theft and fraud. Although many Americans are working hard to help their neighbors now, some will always try to take advantage of the most vulnerable during chaotic times.

To dispel some of the false rumors circulating on the internet and social media, FEMA has a dedicated website to address some of the most common themes. Remember, if it sounds too good to be true, it probably is. Visit www.fema.gov/hurricane-irma-rumor-control to get the most accurate information from trusted sources.

Here are a few guidelines to protect yourself, or someone you care about, from disaster fraud:

Federal and state workers do not ask for, or accept, money. FEMA staff will never charge applicants for disaster assistance, home inspections, or help filling out applications. Stay alert for false promises to speed up the insurance, disaster assistance, or building permit process.

In person, always ask to see any FEMA employee ID badges. FEMA Disaster Survivor Assistance teams may be in impacted communities providing information and assisting survivors with the registration process or their applicant files.

A FEMA shirt or jacket is not proof of identity. All FEMA representatives, including our contracted inspectors, will have a laminated photo ID. All National Flood Insurance Program adjusters will have a NFIP Authorized Adjuster Card with their name and the types of claims they may adjust.

If you are unsure or uncomfortable with anyone you encounter claiming to be an

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The six Legacy Awards the Lee County Tax Collector's Office has earned photo provided

Lee Tax Collector Earns Awards

The Lee County Tax Collector's Office was recognized by the Florida Tax Collector's Inc. during the fall education forum for financial excellence evidenced by an annual audit with Clear Findings for the seventh consecutive year. The Legacy Award for Continued Excellence was also presented for demonstrating proficiency in the areas of Innovation and Automation, Customer Focus, or Budgeting, marking the sixth year Lee County has earned this recognition.

The Legacy Award is the highest

achievement awarded to a local tax collector. It has been earned by Larry Hart and his financial team each fiscal year since 2011. Improved processes within the accounting department have resulted in a financial savings for the organization and greater efficiency.

"We have a great financial team who look for innovative ways to improve processes and keep operating costs conservative," said Larry Hart. "Accountability to our community and taxpayers is highly valued."

The tax collector responsibilities are always in focus through its mission: To serve the needs of the community by effectively generating, collecting, and distributing revenue.✱

County To Install Records System

Pioneer Technology Group signed contracts with Lee County to install Landmark, an official records system. Lee County is Pioneer's 32nd Landmark customer.

The installation of Landmark will add efficiency to Lee County's internal processes by utilizing scan first technology, eRecording, advanced document management tools, efficient document workflow and improved web portal for the public and robust system reporting. The public searchers that regularly rely on the documents and information maintained by the Clerk of the Circuit Court/County Recorder will have more advanced tools and the ability to access all they need online through a subscription service in real time.

"Lee County has been a long time valued customer of ours that holds multiple other Pioneer products, including Axia and Excise. We're looking forward to expanding our successful relationship with them by adding Landmark to this list," said Ryan Crowley, executive vice president, sales and marketing, Pioneer Technology Group.

Lee County went through an extensive request for proposal process by reviewing all the major vendors offering Land Records systems before choosing Pioneer Technology Group's Landmark Official Land Records System.

The Pioneer team has extensive experience in technology as it relates to land records. The Pioneer team will be using this experience to convert all the historical data and images out of Lee County's current recording system for a seamless transition into the future of official records. Lee County is expected to go live in 2018.✱

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Rumors And Fraud

emergency management official, do not give out personal information and contact local law enforcement.

If you suspect fraud, contact the National Center for Disaster Fraud's hotline at 1-866-720-5721, or email the organization at disaster@leo.gov. You can also report fraud to the Federal Trade Commission at www.ftccomplaintassistant.gov. Learn more about the National

Center for Disaster Fraud at www.justice.gov/disaster-fraud.

In Florida, disaster-related fraud information is available on the State Attorney General's Office website at www.MyFloridaLegal.com, or by calling the office at 1-866-966-7226.

Hurricane survivors are also encouraged to notify local authorities to cases of lawlessness or violence, especially in hurricane shelters. In an emergency, call 9-1-1.

In Florida, report suspicious/criminal activity to 1-855-352-7233.✱



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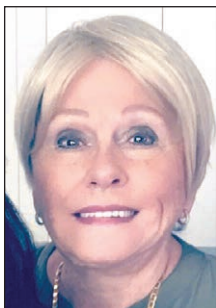
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Book Review

Beneath A Scarlet Sky

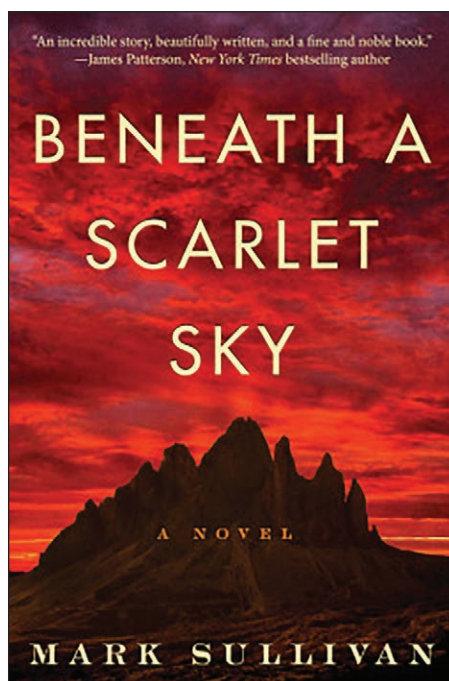


by Di Saggau

The preface of Mark Sullivan's *Beneath a Scarlet Sky* is almost as fascinating as the book itself. In 2006, at age 47, Sullivan was at a low point in his life and even considered ending

it one day. That same day he attended a dinner party where he heard snippets of an untold tale of World War II with a 17-year-old Italian boy as its hero. He flew to Italy and met up with Pino Lella six decades after the war ended. Several more trips ensued, along with meticulous research, resulting in this book about a forgotten hero.

Pino is a normal Italian teenager who loves music, food and girls, and wants nothing to do with the war or the Nazis. When his home in Milan is destroyed by Allied bombs in 1943, Pino helps Jews escape over the Italian Alps through an underground railroad. His parents, in an attempt to protect him, force him to enlist as a German soldier, thinking this would keep him out of combat. At the age of 18, he becomes the personal driver for General Hans Leyers, Adolf Hitler's left hand in Italy and one of the Third Reich's powerful commanders.



Now with the opportunity to spy for the Allies inside the German High Command, Pino endures the horrors of the war and the Nazi occupation by fighting in secret. His courage is bolstered by his love for Anna, a beautiful widow six years his senior, and for the life he dreams they will one day share.

To corroborate Pino's story, Sullivan interviewed many surviving eyewitnesses, descendants and friends of those long dead. He visited with Holocaust historians in Milan, Italian Catholic priests and members of the Italian partisan resistance. He even skied and climbed

the Alps to better understand the escape routes. He consulted with historians in Italy, Germany, the United States and the United Kingdom and with staff at Nad Vashem, Israel's main Holocaust and remembrance education center. This is a triumphant epic tale of one young man's incredible courage during one of history's darkest hours. An incredible story, beautifully written.✱

School Smart



by Shelley M. Gregg, NCSP

Dear Readers, In light of what we have just experienced with Hurricane Irma, here is information adapted from the National School Psychologist's

statement on Natural Disasters: Brief Facts and Tips. This includes information on how you can help your children cope with natural disasters.

Experiencing a dangerous or violent flood, storm or hurricane can be especially traumatic for children and youth, and the devastation to the familiar environment can be long-lasting and distressing. Children look to the significant adults in their lives for guidance on how to manage their reactions after the immediate threat is over. Parents, teachers and other caregivers can help children and youth cope in the aftermath of a natural disaster by remaining calm and reassuring children that they will be all right.

There are a number of common reactions following a natural disaster; however, children's reactions may differ according to age and developmental level.

Preschool – Regressive behaviors, decreased verbalization, increased anxiety.

Elementary – Poor attention/concentration, school avoidance, irritability, clinginess, aggression, somatic complaints, nightmares, social withdrawal.

Middle and High School – Sleeping and eating disturbances, agitation, increase in conflicts, physical complaints, delinquent behavior, and poor concentration.

Several risk factors may impact the severity of a child's reactions. These include exposure to the actual event, personal injury or loss of a loved one, level of parental support, dislocation from their home or community, the level of physical destruction and pre-existing risks, such as a previous traumatic experience or mental illness.

Issues associated with specific disasters are listed below.

Hurricanes. Usually hurricanes are predicted in advance, giving communities time to prepare and families time to gather supplies and evacuate if needed. But there is still potential for fear and anxiety about the potential impact from the fierce winds and rain. Children may exhibit exaggerated startle responses, anxiety and significant stress during or immediately after a hurricane. As a result, children may re-experience similar stress reactions when subsequent severe weather events occur.

Earthquakes. Aftershocks differentiate earthquakes from other natural disasters.

Since there is no clearly defined endpoint, the disruptions caused by continued tremors might increase psychological distress. In addition, earthquakes occur with virtually no warning, which limits individuals' ability to make the psychological adjustments that can facilitate coping and can create a sense of helplessness. Aftershocks and destruction may result in a longer period of time until children truly feel safe.

Tornadoes. Like earthquakes, individuals typically have little time to prepare for tornados. It can be difficult to cope with the sights and smells of destruction following a tornado. In addition, survivor guilt has been observed to be an especially common coping challenge. For instance, some children may express guilt that they still have a house to live in while their friend next door does not.

Floods. Flash floods are the most dangerous of these common disasters, as they occur without warning and move at intense speeds. Most floods do not recede overnight, and residents may have to wait days or weeks before they can begin cleanup efforts, resulting in a delay in emotional recovery.

Wildfires. Often, there is some warning of an advancing wildfire. However, depending upon the wind and terrain, the direction and spread of a wildfire can change abruptly. Depending upon the need to evacuate, and the extent of the damage, children and families may be displaced and consequently may struggle to recover. Recovery takes time. Survivors may have to deal with the disaster aftermath for months or even years. Advance preparation and coordination with supporting agencies will facilitate problem solving and support family coping. Changes brought about by disaster experiences create a "new normal" for survivors.

Helpful strategies for adults following a natural disaster are listed below.

Remain calm and reassuring.

Acknowledge and normalize their feelings.

Encourage children to talk about disaster-related events.

Promote positive coping and problem-solving skills.

Emphasize children's resiliency.

Strengthen children's friendship and peer support.

Take care of your own needs, and avoid using drugs or alcohol to feel better.

References include www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis Adapted from *Natural Disasters* (pp. 435-450), by Lazarus, PJ, Jimerson, SR, & Brock, SE In SE Brock, PJ Lazarus, & SR Jimerson (Eds.), *Best Practices in School Crisis Prevention and Intervention*.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

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Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

Deton, President, and Mike...
 Editor, Edition & Ford White

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Superior Interiors

A Little Leather Lesson



by Jeanie Tinch

Amazingly, over half of all upholstered furniture sold worldwide today is covered in leather. While leather furniture is a luxury that most everyone appreciates,

shopping for that perfect sofa can be overwhelming, even for knowledgeable consumers.

Most high-quality cowhides are produced in Europe – particularly Italy – and in South America from male cattle raised for beef. The colder European climates result in hides with a finer grain and are applied to better quality furniture. On today's market, the price of top grade upholstery leather hides starts at \$120 per square yard and goes up from there. An 84-inch sofa requires about 22 square yards of leather, making the leather alone cost a minimum of \$2,500. A "leather" sofa advertised for \$1,500? Lots of corners are being cut somewhere.

Before leather hides can be utilized as furniture coverings, they are judged by hand sorting and then subjected to one of three dyeing processes. The highest quality layers of leather are colored using a translucent, pure aniline dye that renders beautiful color variations in the leather. Since this process is used on unfinished, top quality leather, the finished product will have a softer feel.

Another coloring process, also used on top grain hides, is a surface finish application, called semi-aniline, which produces a more uniform color look. The third option, very commonly used, is called pigmenting and coats the leather surface uniformly with an opaque color which covers most of the imperfections in the leather.

Unfortunately, in addition to using cheaply constructed frames, costs are frequently cut by using "reconstituted leather" or "bonded leather" which is approximately 17 percent real leather scraps. These scraps are ground up and mixed with polyurethane or vinyl and backed with latex. For now at least, it is perfectly legal for this concoction to be deceptively advertised as "real leather." This product will neither wear like quality full leather hides nor will it ever develop the suppleness or the patina that we enjoy with true leathers.

A second method that manufacturers use for cost savings is to cover the parts of the furniture that the body actually touches with leather and the sides and back with color matched vinyl. Such a practice is sometimes (but not always) mentioned in very fine print advertising. Over a short time period, the leather and the vinyl will fade at different rates and the sofa will need to be replaced.

Furniture covered with full hides of a high quality will ultimately provide you the look, feel and wear that will serve you well for many years. Don't be fooled by advertising that doesn't explain why a promotional leather piece is so inexpensive. With hides, you usually get what you pay for. There is no such thing as inexpensive, high-quality leather.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindceden.com.

Foundation Promotes New Executive Officer

Jean A. Davis has been promoted to president and chief executive officer (CEO) of LifeLink Foundation.

Davis has been with LifeLink since 1985, when she joined as an organ recovery coordinator, and successfully undertook increased responsibilities with LifeLink throughout her career. She served as executive director of LifeLink of Florida, implemented LifeLink organ and tissue recovery efforts when awarded the Puerto Rico and U.S. Virgin Islands service area,

was executive vice president of organ procurement operations for the three federally designated LifeLink organ procurement organizations in Florida, Georgia and Puerto Rico, and served as the LifeLink Foundation chief operating officer.

LifeLink Foundation is an independent, non-profit community service organization dedicated to the recovery and transplantation of organs and tissues. LifeLink consists of three organ recovery organizations, a tissue bank and a transplantation immunology laboratory, and employs more than 500 staff members in west central Florida, Georgia and Puerto Rico.

Visit www.LifeLinkFoundation.org for more information.*

Greeters Club Luncheon

Sheena Brook, a talented Fort Myers Beach performer who took a huge leap when she was chosen to appear on *The Voice* earlier this year, will be the guest speaker at the Greeters Club luncheon at the Crown Plaza Hotel on Friday, September 22. Registration is from 10:45 a.m. to 11:30 a.m. Cost for the luncheon is \$20.

Rolling Stone wrote that "the angelic

voice of contestant Sheena Brook commanded attention from the first note of her version of Sugarland's *Baby Girl*.

To make your luncheon reservation and to find out more about joining this dynamic group of Lee County women, email greetersclub@gmail.com and provide your name, email address and phone number. You will receive a return email confirming your reservation.

The Crown Plaza Hotel is located within the Bell Tower Shops at 13051 Bell Tower Drive in Fort Myers. Call 482-2900 for more information.*



Melissa Cofta

photos provided



Allie Schotanus

Digital Philanthropy

The Planned Giving Council of Lee County, Inc. (formerly Partnership for Philanthropic Planning) will present Digital Philanthropy at Blue Coyote Business & Social Club during the Thursday, September 28 meeting. Networking begins at 11:30 a.m.; lunch and program begin at noon.

Fundraising professionals will get a look at emerging opportunities for fundraising and donor engagement. Topics will include innovations in online giving, digital advertising and new marketing technologies so leaders can embrace and implement the right strategies for success.

Guest speakers are Melissa Cofta, director of client services and business development at Priority Marketing, and Allie Schotanus, director of digital marketing at Priority Marketing.

The event is free to members. Cost is \$30 for non-members and includes lunch. Reservation deadline is Monday, September 25 at noon. To RSVP go to www.plannedgivinglee.org.

Blue Coyote Business & Social Club is located at 9854 Caloosa Yacht and Racquet Club Drive in Fort Myers. For more information, visit www.plannedgivinglee.org or call 850-0040.*

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Sign Stealing Just Another Chapter In Long History Of Such Practice



by Ed Frank

Cheating, stealing signals, spying, corked bats – you name it – have been part of professional baseball and other sports for decades.

So it came as no surprise when the latest brouhaha surfaced recently with the New York Yankees accusing their archrival Boston Red Sox of a sophisticated scheme using an Apple watch to communicate to batters what type of pitch to expect from the opposing hurler.

Red Sox manager John Farrell didn't deny the accusation, claiming he was aware his players were trying to steal signals. He said he would have stopped the practice if he had known

they were using electronic devices.

Baseball allows pilfering signs with one's eyes, but not with mechanical or electrical equipment.

The Red Sox countered the Yankee's sign-stealing accusation with a charge of their own, claiming New York had swiped signals using television cameras.

We probably haven't heard the last of this as Major League Baseball fined the Red Sox over this latest incident.

You don't need to be a student of history to remember numerous baseball cheating scandals, the most famous being the 1919 Black Sox affair when several Chicago White Sox players were found to have thrown the World Series for payoffs from gamblers.

Bobby Thompson's 1951 "shot heard 'round the world" was tainted when it was found the New York Giants had used a telescope in the outfield and a series of electrical signals to steal the opposing signs from the catcher. Thompson denied that he had received such information.

In 2003, Chicago Cubs outfielder Sammy Sosa was caught using a corked bat "earning" him a seven-game suspension. Sosa said he did use the illegal bat for batting practice and inadvertently got it mixed up with his regular bats – a likely excuse.

Perhaps there is no greater cheating scandal than the era of performance enhancing drugs used by players to gain strength to improve their batting averages or pitching performances. Baseball has clamped down on this practice with severe penalties and fines. No question that the use has diminished, but not entirely.

Every year a number of players continue to get caught using PEDs.

In this era of sophisticated technology, there have been suggestions that pitchers and catchers be allowed to use electronics to communicate signs. And there even have been proposals to allow pitchers, catchers and infielders to use headsets to communicate.

Sign stealing has been and probably always will be part of baseball. Many feel it is part of the intrigue of the grand old game.

Red Sox And Twins Cling To Postseason Play

With the 2017 baseball season headed into the final two weeks, both the Boston Red Sox and the Minnesota Twins appeared poised for postseason play as this week began.

Through Sunday, the Red Sox maintained a three-game lead over the New York Yankees in the American League Eastern Division with just 14 games remaining. It will mark the second consecutive year that Boston captures the division title if successful.

The Twins, the team that finished last season with the worst record in baseball, held a two-game advantage over the Los Angeles Angels for the second wild card slot in the American League.

If the Twins hold on, they will face the Yankees in the wild card playoff game unless New York finishes ahead of Boston in the AL East.✱

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Meet our Closing Team: Nicole Naumann and Samantha Baker

SPORTS QUIZ

1. Rajai Davis, in 2016, became the eighth Cleveland Indian to hit for the cycle (single, double, triple, home run) in a game. Who was the last player to do it before him?
2. In 1998, Juan Gonzalez of Texas became the second player to have 100-plus RBIs before the All-Star break. Who was the first?
3. Three times in the 1990s, quarterbacks went in the top two spots in the NFL Draft. Name two of the three sets.
4. Name the last school before Villanova (2014-17) to win at least three consecutive Big East regular-season titles in men's basketball.
5. How many teams during the 2016-17 NHL season had 12 players score at least 10 goals each?
6. In 2017, Kyle Larson became only the second NASCAR Cup driver to win from the pole in Fontana, Calif. Who was the first?
7. Who was older when he won his last tennis major: Andre Agassi or Pete Sampras?

ANSWERS

1. Travis Hafner, in 2003. 2. Detroit's Hank Greenberg had 103 RBIs before the All-Star break in 1935. 3. Drew Bledsoe and Rick Mirer (1993), Peyton Manning and Ryan Leaf (1998) and Tim Couch and Donovan McNabb (1999). 4. The University of Connecticut (1994-96). 5. Four – Calgary, Columbus, Minnesota and Nashville. 6. Jimmie Johnson, in 2008. 7. Andre Agassi was 32 when he won the Australian Open in 2003; Pete Sampras was 31 when he won the U.S. Open in 2002.

Miracle Pledges Money, Time For Hurricane Relief

The Fort Myers Miracle, Advanced-A affiliate of the Minnesota Twins, recently announced initial Hurricane Irma relief efforts aimed at helping Lee, Collier and neighboring counties. Ownership will donate money, and the staff will volunteer their time within the community. The team also displayed a new logo symbolizing aid to Southwest Florida.

Miracle ownership, SJS Beacon Baseball LLC, is leading the relief efforts by donating funds to the Southwest Florida Community Foundation. The foundation has teamed up with the United Way to directly help people displaced from their homes and those suffering losses due to Irma in Lee, Collier and neighboring counties. For more information or to donate, visit www.floridacommunity.com/

"We are grateful that Hurricane Irma did not have the terrible impacts that were initially forecast," stated Miracle principal owner Jason Hochberg. "However, many people are suffering from the storm. The Miracle will do their part to help relieve some of the suffering, and we cannot wait to see everyone back at the ballpark in 2018 for spring training and Miracle season. I also wanted to especially thank Brandiose, Jason and Casey, for donating their time to create the Hurricane Irma Relief logo."



Upon initial review, the CenturyLink Sports Complex / Hammond Stadium sustained minor damage from Hurricane Irma. The complex was used as a staging ground for the National Guard and other hurricane relief efforts. Miracle staff volunteered a portion of their time to assist with the local cleanup.

The Miracle will also be presenting new related events at the ballpark during the upcoming 2018 season to further the relief efforts. They will be designated by the Hurricane Irma Relief logo, and proceeds from each event will benefit those affected by Hurricane Irma. If you or your company would like to aid in the Miracle relief effort, e-mail Executive Vice President/Chief Operating Officer Ben Hemmen at Ben@miraclebaseball.com.

To stay up to date, follow the Miracle online at Miraclebaseball.com or through social media; Twitter: @MiracleBaseball, Instagram: [fortmyersmiracle](https://www.instagram.com/fortmyersmiracle), Facebook: Fort Myers Miracle, Snapchat: [ftmyersmiracle](https://www.snapchat.com/add/ftmyersmiracle).

For further information or question, call the Miracle front office at 768-4210.✱

Local Teams To Aid In Hurricane Relief Efforts

The Minnesota Twins in partnership with the Boston Red Sox recently announced today that each club will donate \$100,000 to the Southwest Florida Community Foundation to assist with hurricane relief efforts throughout Southwest Florida.

Hurricane Irma affected a majority of the state of Florida and hit the Fort Myers

area last Saturday morning. While the Twins and Red Sox facilities in Fort Myers suffered limited wind damage, there are areas of Southwest Florida that are in need of help.

All funds donated to the Southwest Florida Community Foundation will go directly to hurricane relief in areas of Southwest Florida. The Twins facility is expected to be up and running as planned for instructional league late next week.

Twins and Red Sox fans can participate in the hurricane relief efforts by donating online at www.floridacommunity.com/redsox-twins-fund/.✱



Top teams from all over the country will compete in Fort Myers photos provided

City Of Palms Classic Team Lineup Unveiled

Another star-studded field is set for the 45th annual Culligan City of Palms Classic at the Suncoast Credit Union Arena on the campus of Florida SouthWestern State College (FSW). The six-day 26-team tournament gets under way Monday, December 18 and continues through Saturday, December 23.

Elite teams from as far away as California, Wisconsin and New Jersey will gather for this annual holiday tradition. Some of the top teams in the main draw include: Mater Dei (Santa Ana, California), four-time California state champion; Hudson Catholic (Jersey City, New Jersey), New Jersey's Non-Public B state runner-up; Memphis East (Memphis, Tennessee), two-time defending Class AAA Tennessee state champion; legendary Chicago Simeon (Chicago), seven-time Illinois state champion; and local favorite Canterbury (Fort Myers).

Additionally, eight of the top 25

College-Bound Seniors Need To Fill Out The FAFSA

High school seniors planning to attend college or technical school next fall should fill out the Free Application for Federal Student Aid, also called the FAFSA, as soon as possible beginning October 1, according to Kentucky Higher Education Assistance Authority (KHEAA).

The information on the FAFSA determines if students qualify for federal grants and student loans. It is also required to apply for state grants and scholarships. In addition, many colleges use the information to award their own grants and scholarships. Therefore, students should submit the FAFSA even if they feel it is unlikely they will qualify for aid.



The tournament begins December 18

seniors in the nation will participate in this year's tournament, including ESPN No. 2 player in the Class of 2018, Zion Williamson (Spartanburg Day, Spartanburg, South Carolina); ESPN No. 4 player in the Class of 2018, Bol Bol Mater Dei (Santa Ana, California); ESPN No. 14 player in the Class of 2018, Nassir Little (Orlando Christian Prep, Florida); and ESPN No. 20 player in the Class of 2018, Lehigh Acres native Emmitt Williams (Orlando Oak Ridge, Florida).

Culligan returns for its fifth year as Title Sponsor, and Enterprise Rent-A-Car is Presenting Sponsor for the fourth year.

Tickets for the tournament are now available. Several ticket options include:

1. The six-day Preferred Ticket Package. A single-seat six-day ticket package for \$250 plus a \$10 processing fee with seating in the first two rows directly behind the team benches and scorer's table (west side of the arena) or the opposite second row (east side).

2. The six-day Reserved Ticket Package. A single-seat, six-day ticket package for \$128 plus a \$10 processing fee for the remaining courtside seating (east and west sides of the arena).

The FAFSA asks for information about income, assets and expenses. A formula set by Congress determines eligibility for federal and state aid. If the student is considered a dependent under federal guidelines, both the student and parents must provide financial information. Nearly all students going directly to college from high school are considered dependent.

Some student aid programs have limited money and provide funds on a first-come, first-served basis, so it is important to submit the FAFSA as soon as possible.

KHEAA recommends that students submit the FAFSA online at www.fafsa.gov. Students who do not have an FSA ID must first visit fsaid.ed.gov to set one up. Parents of dependent students must also set up an FSA ID. The FSA ID is needed to file the FAFSA.

For more information about Advantage Education Loans, visit www.advantageeducationloan.com.*



Basketball fans will catch plenty of action

3. VIP Parking. A six-day Reserved Parking Pass for \$60 plus a \$5 processing fee.

For more information and to purchase tickets, call the box office Monday through Thursday from 10 a.m. to 5 p.m. at 800-440-7469 or 481-4849.

No fees are collected from players and teams, and Classic Basketball Inc., a 501(c)3 not-for-profit corporation that acts as a foundation for the tournament. For many of the players, the tournament represents their first opportunity to travel outside their own city.



A variety of ticket packages are available

Since 1989, 146 Culligan City of Palms Classic players have been named McDonald's All-Americans and 116 have been drafted by the NBA, including 71 first-round picks.

Visit cityofpalmsclassic.com for all the information on this not-for-profit tournament featuring the top-ranked players and teams, including visitor information, ticket sales, schedule, team information, history, sponsors and sponsorship opportunities, eNewsletter signup, a tournament bracket, scores and stats and information on how to lend financial support as a Friend of the Classic.*

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Neck Injury Could Be The Culprit In Post-Concussion Symptoms

by Dr. Ross A. Hauser

I read with interest the article by Ed Frank linking concussions to brain disorders, especially chronic traumatic encephalopathy. As he noted, many in the medical field are definitely noting that there is a correlation between concussions and long-term brain injury.

What I would like to add is what I term the “missing link,” which is upper cervical ligament injury. It is the upper cervical ligament injury that occurs at the time of the concussion that may well be responsible for the long-term effects of the initial injury. The good news is this injury is completely treatable.

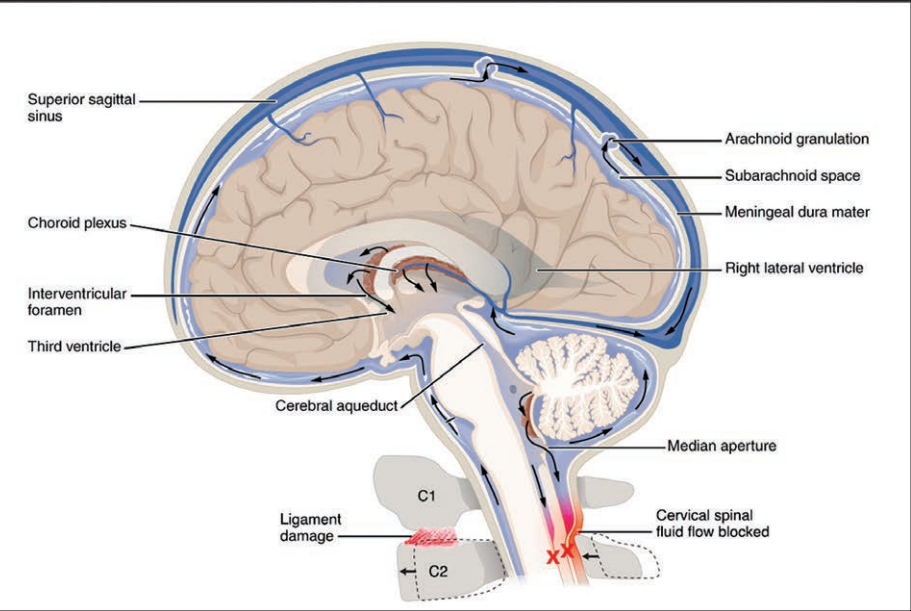
While much of the focus on concussion prevention and treatment has been targeted towards the brain tissue proper, what has largely been forgotten are the injuries sustained in the neck at the same time as the initial and subsequent impacts (person with multiple concussions). When a person’s cranium sustains enough force to cause a loss of consciousness (concussion), the neck also undergoes a traumatic event. The initial collision of the skull causes a tremendous force on the neck structures, but even more importantly, the upper neck twists or rotates quickly to try and get the head away from the force. This sudden rotational force (twist) right after impact injures the upper cervical ligaments at the atlas (C1) and axis (C2). Both animal and human research demonstrate cranial frontal impacts cause significant cervical spine ligament injuries. These ligament injuries cause conditions known as cervical or upper cervical instability.

What has not been appreciated until recent years is the impact excessive upper cervical vertebral motion can have on cerebral spinal fluid flow throughout the brain (see figure). The technology now exists to document the cervical instability (excessive motion compared to normal) through motion imaging such as Digital Motion X-ray as well as visualize and measure cerebral spinal fluid flow dynamics in patients with upright, flexion extension (motion) Cine cervical MRI.

What is even more exciting is that treatments such as specific adjustments to correct the vertebral subluxations, Prolotherapy to tighten the ligament laxities and surgical fusions cannot just resolve the post-concussion or whiplash-associated symptoms, but also restore cerebrospinal fluid flow. It may just be that unresolved cervical instability and resultant obstruction of cerebrospinal fluid flow is what causes toxic substances to accumulate in brain tissue, not only causing unremittent headaches, poor concentration and the rest of the “mysterious” symptoms that occur after a concussion, but also may be the cause of CTE. If this is so, it brings hope as there are effective treatments that can unclog the brain circulatory system

Blockage of cerebrospinal fluid flow from upper cervical instability. Ligament damage at the level of the atlas (C1) and/or axis (C2) can block cerebrospinal fluid flow and cause the toxic accumulation of substances in the brain parenchyma itself.

Image modified from: https://commons.wikimedia.org/wiki/File:1317_CFS_Circulation.jpg.



CSF blockage image provided

and restore proper hemodynamics in the brain so brain tissue functions optimally.

It is my hope that more research on concussions, and its aftermath, will focus on these neck injuries and the treatments that resolve them. By doing this, we may just stop CTE from developing

Sources: *Journal of Neurotrauma*, *European Spine Journal*, *Spine*, *Journal of Sports Medicine*, *Journal of the American Medical Association*, *The Craniocervical Syndrome and MRI*, *The British Journal of Radiology*, and *The Open Orthopaedics Journal*.✧

Grant Donated To Human Trafficking Awareness

The Wildcats Charitable Foundation recently donated \$7,000 to Human Trafficking Awareness Partnerships (HTAP) to support its programs that educate youth about the dangers of human trafficking through its art programs and other educational programs, including those held in school health classes, summer camps, afterschool programs and community events.

Human trafficking is a growing problem in Florida, especially among children between the ages of 11 and 15. Through HTAP’s programs, children are taught the signs of trafficking and the techniques used by traffickers to lure children away from their families and loved ones.

During times of natural disasters and disruptions in their normal lives, children can be tricked into going with someone who seems to provide support and attention. Children from disaster torn areas, like the Caribbean, may be sent to other locations where help and money is promised. In our own communities, American children can also be at risk.

Recently a young girl who had just emigrated from Guatemala with her family left the area with a man who

promised her a job that she could use to earn money to help her family. She was later found in Kentucky.

Before the landfall of Hurricane Irma, a young girl waited on a bench at a local store with two bags of belongings. She begged the store guard to let her in to use the bathroom before the store closed. It was obvious she had nowhere to go to hide from the storm. It is this kind of situation which lends itself to trafficking.

Nola Theiss, executive director of HTAP, said, “The Wildcats Charitable Foundation understands how important it is to support programs to teach kids how to protect themselves from the dangers of trafficking and recognizes the value of the work Human Trafficking Awareness Partnerships does in summer camps, afterschool programs and now in the Lee County Schools. As we expand, we appreciate their support which helps us reach even more children.”

For more information, contact Nola Theiss at info@humantraffickingawareness.org.✧

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The River Weekly News
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From page 1 Beatles Tribute

provide a show of more than two dozen Beatles tunes performed exactly as they were originally recorded. This concert pays homage to early Beatles hits that skyrocketed the band to fame all the way through *Sgt. Pepper*, in honor of that album’s 50th anniversary. Hear *Penny Lane* with a glittering live trumpet section, experience the raw emotion of *Yesterday* with acoustic guitar and string quartet, encounter the original classical/rock mashup concept with the rock band and orchestral



Nir Kabaretti photo provided

blend on *I Am the Walrus*, and relish the cascading crescendos on *A Day in the Life*.

Kabaretti will lead the Southwest Florida Symphony in a Pops performance. He is a die-hard Beatles fan who expressed unbridled excitement at the prospect of conducting Classical Mystery Tour. “When we pitched the possibility of a Beatles tribute performance this season, Nir was ecstatic,” said Amy Ginsburg, the Southwest Florida Symphony’s executive director. “He wanted to make absolutely sure that he would be the one conducting the orchestra for this show. It will be so much fun to watch him lead the symphony in a classic rock show.”

Barbara B. Mann Performing Arts Hall is located at 13350 FSW Parkway in Fort Myers.✧



From left, Andrew Maldonado, Kenniya Miller, Leoncio Jiminez, Jenesis Sanders, Susie Lopez Trejo and Vanessa Hernandez photos provided

Middle Schoolers Visit Pizzeria For Incentive Program

Students from The Immokalee Foundation's Middle School Summer Academy recently experienced a taste of Italian hospitality at Fine Folk Pizza in Fort Myers.

The visit was part of an incentive program for the sixth, seventh and eighth grade students participating in the

foundation's Summer Academy, part of its Junior Career Development program.

Artisan Dough Masters shared pizza facts and stories with the students, along with a few special techniques used to create their handcrafted specialty pizzas. The certified pizza acrobats also offered tossing lessons, including a "dough off" tossing contest.

"We believe in The Immokalee Foundation's mission to help students realize there are many opportunities available to each of them," said Michael DeNunzio, Fine Folk Pizza owner. "Pizza is our passion, and it's fun for us to give

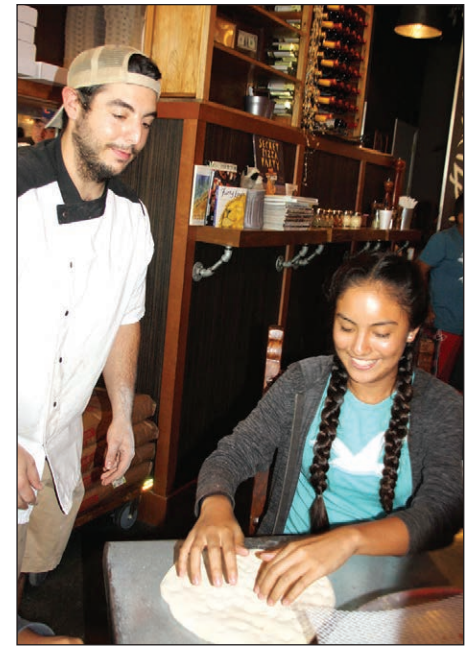


Andrew Maldonado, Vanessa Hernandez, Susie Lopez Trejo and Kenniya Miller toss a pizza

back to the community this way."

Family-owned and operated, Fine Folk Pizza is located off Daniels Parkway near JetBlue Park. For more information, visit www.finefolkpizza.com.

The Immokalee Foundation provides a range of education programs that focus on building pathways to success through college and post-secondary preparation and support, mentoring and



Chris Batties and Ariadna Gomez-Trejo

tutoring, opportunities for broadening experiences, and life skills development leading to economic independence. To learn more about The Immokalee Foundation, volunteering as a career panel speaker or host, becoming a mentor, making a donation, including the foundation in your estate plans, or for more information, call 430-9122 or visit www.immokaleefoundation.org.



DJ Gibson and Elmer Santiago



Leslie Escalante



DJ Gibson and Michael DeNunzio compete in a "dough off"



From left, Edwin Ramirez, Daniel Trejo Garcia, Chris Batties, Abraham Salazar



Fine Folk Pizza team - Arianna Schnarr, DJ Gibson, Chris Batties, Andrew Maldonado - with TIF students

dearRPharmacist

Disaster Tips And A Basic First Aid Kit



by Suzy Cohen, RPh

Dear Readers:

We just saw the devastation by Hurricane Harvey and then Monster Irma. It's not just rain, wind and flooding that leads to a disaster, it's also earthquakes,

landslides and fires.

You just never know when severe weather will strike, you never know when you'll have to jump in your car and evacuate... or rush down into the basement for a tornado. It's important to have a plan but I can't say everything here in 500 words, so read the complete version which is three times longer (it's posted on my website live right now at www.suzycohen.com). In the meantime, this will get you started:

1. Medications – Keep a handwritten list in your wallet. Even better (if you have the time) is to stick the prescription label onto a piece of paper so all your dosing information is shown. I'd also keep the list on your smart phone. When the power goes out, pharmacies can't access your medication profile on the computer anymore. Your list allows paramedics to give you the correct pills or shots.

2. Zip Closure with Water – Fill a zip closure bag about 75 percent full with some fresh water, then freeze it. Keep several frozen at all times. If you need to leave in a hurry, grab them. While frozen, it can protect insulin, food or liquid antibiotics. As it melts, you'll have pure water that you can drink in an emergency.

3. Portable Charger – Buy a portable cell phone charger (aka power bank) and a transistor radio, it can be hand-crank, battery operated, or even solar-powered.

4. Dishwasher Storage – Your dishwasher is waterproof so if floods are anticipated, store photo albums and documents inside the dishwasher. When the water recedes, they should be perfect.

5. Loved One List – If a rescuer wants to call your loved one or spouse to assure them of your safety and rescue, having a handwritten "Loved One List" is invaluable. Let's face it, nobody knows phone numbers by heart anymore.

6. Children – I lived in Florida for 35 years and, when the hurricanes barreled through, I always made sure that my kids were pleasantly distracted with puzzles, painting, beading or "camping" in the (safer) hallway.

7. Emergency Kit – You can buy some very nice ones on Amazon or Costco, or you can create your own like this:

Do-It-Yourself First Aid Kit: Analgesics like ibuprofen or acetaminophen; hydrocortisone and antibiotic ointment; a little blanket and a pair of socks; toothpaste/brushes and deodorant; small salt shaker to replenish electrolytes; spare undies if you're evacuating to a shelter; eyeglasses or contacts; a whistle to call for help; spare keys to your house/car; a multi-purpose knife; flashlights/batteries; N95 or N100 mask; zip closure bags and toilet paper.

8. Map – If you have to drive because of an immediate evacuation, and you can't use GPS in your car or your smart phone, then an actual map is a blessing. Just get in the car and drive to safety.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Omega Family Health Forum

Lee Health will participate in the Annual Omega Family Health Forum at Dunbar High School on Saturday, September 30 from 9 a.m. to noon.

This health forum is a family affair and has something for men, women and children of all ages. The free community event is focused on health awareness and prevention, and will feature a variety of screenings and education, including: Cancer screenings—prostate, colon and breast self-exam instruction; Children's health; Women's health; Asthma/chronic obstructive pulmonary disease (COPD); Diabetes; Blood pressure; Sleep disorders; Smoking cessation programs; Sexually transmitted disease (STD) testing; HIV testing; Memory screening; Vision screening; Hearing screening and more.

This year's event also includes a presentation by Jayme Hodges, director of Lee Health Behavioral Health, titled Stress and Stress Response.

Kid Care representatives will also be available to help families apply for discounted or free state medical insurance for their children. The Harry Chapin Food bank will also be on-site distributing groceries. Attendees are asked to bring reusable shopping bags or a box to carry their food. The Alzheimer's Association Memory Bus and the School District of Lee County Fitness Mobile will also be performing screenings and providing valuable information.

"Lee Health is committed to being caring people, inspiring health and our participation in the Annual Omega Family Health Forum enables us to illustrate that commitment by helping families improve their health through awareness, education and prevention," said Karen Krieger, director of community affairs for Lee Health. "We are excited to once again participate in this event, and we look forward to working with families to inspire healthier lives."

Dunbar High School is located at 3800 East Edison Avenue in Fort Myers. For more information, call 424-2233.✱

Doctor and Dietician

Scoliosis



by Ross Hauser, MD
and Marion Hauser, MS, RD

Of all the varied forms of back afflictions, one we are probably all familiar with is scoliosis.

This condition, which is defined as a lateral curvature of the spine, has been recognized for centuries.

Many young people are diagnosed with what is called idiopathic scoliosis. That means there is no known cause for their spinal curve of greater than 10 percent. They also are afflicted for a lifetime. Over half a million adults in the United States suffer with symptoms from scoliosis which include low back pain, popping, muscle spasms and referred leg pain. The severity of symptoms and the need for treatment generally correspond with the severity of the curvature.

Scoliosis is a genetic condition. Interestingly, some researchers have

also found a correlation between scoliosis and another genetic condition afflicting young people: hypermobility. Hypermobility is a collagen disorder which causes ligaments to be lax and joints to be unstable, even joints of the spine. The spine is held together by ligaments. And if the ligaments are loose, then the spine will be loose. In scoliosis, the ligaments are stretched at the tip or apex of the curve, and become weak. For this reason, patients often experience pain at the site where the spine curves.

Bracing is the common treatment for scoliosis, and for mild cases it has been shown to be beneficial. When the condition is more severe, surgery may be recommended, but it is a major surgery that involves placing large rods in the back to stabilize the spine.

When seeking pain relief from scoliosis, as well as hypermobility, non-surgical Prolotherapy treatments can be an effective option. Because Prolotherapy triggers the body to thicken and strengthen the ligaments, it can help stabilize the spinal segment and alleviate pain.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✱

Chronic Disease Workshop

Lee Health's Lee Health Solutions, in partnership with many local community agencies and supported in part initially by a grant from the Southwest Florida Community Foundation is offering It's All About You – a research based Chronic Disease Self-Management program developed by Dr. Kate Lorig of Stanford University.

The program is designed for people age 18 or older with chronic health conditions to help them learn ways to better manage their chronic conditions and the symptoms that often accompany chronic health conditions.

The free workshop is 2.5 hours once a week for six weeks and will be offered on Thursdays beginning October 5 from 9 to 11:30 a.m. at the Alva United Methodist Church, 21440 Pearl Street, Alva.

For more information or to register, call 343-9264.✱

From page 1

Songwriter Fest

Davis Art Center and Pinchers Crab Shack at The Marina at Edison Ford from Monday, September 25 through Thursday, September 28. The festival will wrap up on Fort Myers Beach with artists playing at Nervous Nellie's, Yucatan Beach Stand, Matanzas on the Bay and Pierside Grill on Friday, September 29 through Sunday, October 1.

This year's headliners include Lindsay Ell and Brooke Eden. The artists will be performing at Pinchers on Wednesday, September 27. Ell has opened for The Band Perry and Luke Bryan, and is currently on tour with Brad Paisley. The Canadian Country Music Association recently nominated Ell for Female Artist of the Year. Her debut single *Worth the Wait* was recently released in the U.S.

The music event features a variety of new singer-songwriters, including

Natalie Hemby (*White Liar*, recorded by Miranda Lambert), Clint Daniels (*Brokenheartsville*, recorded by Joe Nichols) and Maggie Rose.

Most of the performances are free to the public, but there are select shows that do require a ticket for admission.

The festival brings back talent like Even Stevens (*I Love a Rainy Night*, recorded by Eddie Rabbit), Wynn Varble (*I'm a Little More Country*, recorded by Easton Corbin), Aaron Barker (*What About Now*, recorded by Lonestar) and Karla Davis.

Island Hopper Songwriter Fest is presented by Lee County Visitor & Convention Bureau, iHeartMedia, Cat Country 107.1 and BMI, the largest music rights organization in the U.S.

For more information or a complete schedule of events, visit www.islandhopperfest.com. Follow the festival hashtag #islandhopper on Twitter and other social channels.✱



Zucchini Tomato and Mozzarella Cheese Panini

photo courtesy Fresh From Florida



Zucchini Tomato And Mozzarella Cheese Panini

4 slices whole-wheat Italian bread
 1 medium zucchini, ends trimmed and sliced very thin long ways
 1 medium tomato, sliced thin
 3 ounces fresh mozzarella cheese, sliced
 8 fresh basil leaves
 unsalted butter for cooking
 kosher salt to taste
 freshly ground pepper to taste
 Preheat a large-sized sauté pan over medium heat.

Lay two of the bread slices down on a cutting board to assemble sandwich.

Evenly distribute half of the cheese over each of the two slices of bread.

Season the cheese lightly with salt and pepper.

Add the thin sliced zucchini on top of the cheese on the two bread slices.

Next, add basil leaves and sliced tomato on top of the zucchini.

Finally, add the remaining cheese to the top of the sliced tomato.

Top the sandwich with the remaining two slices of bread.

To cook sandwiches, place sever small pads of butter on the top side of each sandwich.

Place each sandwich butter side down in the sauté pan.

Add several small butter pads to the unbuttered side of each sandwich.

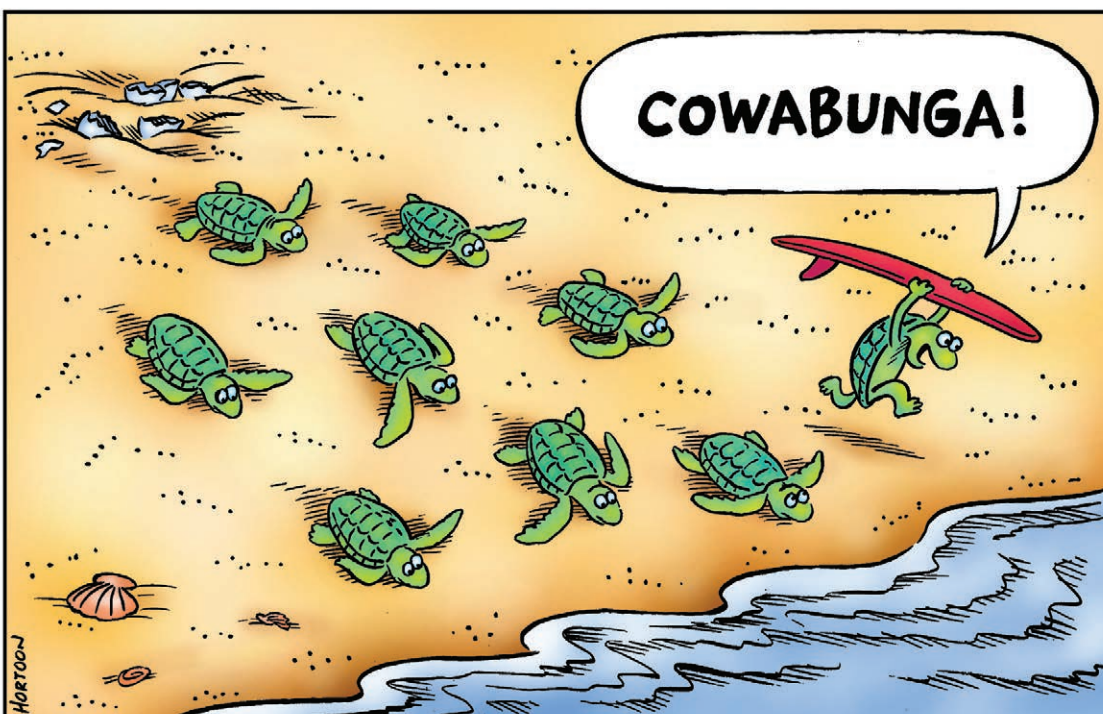
Cook sandwich for 2 to 3 minutes on each side or until golden brown and melted.

Remove sandwiches from pan and let cool slightly.

Use a serrated knife to cut sandwiches in half.

Serve warm.*

HORTOONS



THE RIVER WEEKLY NEWS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to:
 press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

51 PICKUP

- ACROSS

1 Move springingly

7 — mater

11 Impact sound

15 Outfielder Slaughter

19 With 49-Across, it's between Greece and Turkey

20 Hive buzzers

21 Moniker for Lincoln

23 Automobiles that are really dirty?

25 Edited work

26 Tooth doctors' org.

27 — Fridays (dining chain)

28 "The Matrix" actor eases pain?

30 Draw up new boundaries for

32 Apple's mobile devices run on it

33 Olds antique

34 WNW's opposite

35 Showy flight maneuvers done by some birds?
- 40 Boy band of pop

42 Geologic time periods

43 Suffix with Wisconsin

44 — Schwarz

45 Traffic sign

49 See 19-Across

50 Deep-down faiths?

55 Sound, as an argument

59 "That's clear"

60 Cloning material

61 Auto tankful

62 Alligator's cousin

65 Bit of design info

67 Persian Gulf country

69 Serenade your

73 Horse riding movements

74 Bedazzle

75 Events with witnesses

76 NY hours

77 Lyric-penning Gershwin

79 Longtime youth org.

81 Skilled in

85 "Whatever happened to your faith?"
- 90 Vow for the nuptials

91 What might follow "tra"

92 Bit of body ink

93 Fertility clinic cells

94 Ring sealing a junction

97 Seizes

100 Give some yuletide plants moisture?

103 Mrs., in France

106 "— and Stimpy"

107 Depressed

108 Chaise spot

109 Test done by a marine aquarium keeper?

114 Suffix with 36-Down

115 Diner bill

118 Providing nourishment

119 Bill of fare at an outdoor eatery on a clear night?

122 Had profits equaling losses

123 Helen of —

124 Grippers on golf shoes

125 Soup containers
- 126 For fear that

127 Besides that

128 Grammer of "Frasier"
- DOWN

1 "Qué —?"

2 Necessary: Abbr.

3 Océano filler

4 Tchrr.'s union

5 W. Coast engineering school

6 Puzzles

7 Easy as —

8 Tap mishap

9 Piddling

10 Tear into

11 Drive- (pickup windows)

12 One using a weeding aid

13 Promoted insufficiently

14 Dallas' — Plaza

15 Major finale?

16 Easily fooled

17 Reed instruments

18 Get a feeling

22 Offshoot

24 Zoologist Fossey

29 Refusals

30 Rocker Ocasek

31 — -dieu (pew addition)

35 Real pain

36 Sword type

37 Part of S&L

38 See 121-Down

39 City on Utah Lake

40 Scot's refusal

41 Longtime CBS show

44 Least restricted

46 Forum robes

47 Studio sign

48 "Hey ... you"

50 Sci-fi captain

51 Nature

52 Gym set

53 Rubber stamp go-with

54 Charles de — Airport

56 Skin woe

57 Ziploc item

58 Pen fixtures?

63 "— longa ..."

64 "Maybe later"

66 Inferior dog

68 Faint cloud

69 Obama girl

70 PC chip giant

71 Anesthetize

72 Chanteuse Edith

73 Cry weakly

78 Watchful

80 Opposite of 95-Down

82 — torch (luau lamp)

83 "Zip- — -Doo-Dah"

84 Little 'uns

86 Tattle (on)

87 Owns

88 "— had it!"

89 Frontier figure Wyatt

94 Took ill

95 Just slightly

96 — -pitch

98 Palmer of the links

99 Actor Harvey

100 Nursery cry

101 "— Fideles"

102 Greet

103 "Hardball" network

104 Tierney of "Liar Liar"

105 Rocker John

107 Fragrance

110 Ticks off

111 Part of YSL

112 PC key abbr.

113 Evil group in "Get Smart"

115 Caddy picks

116 Initial stake

117 Not at all idle

120 Seedy loaf

121 With 38-Down, old New York Giants great
- | | | | | | | | | | | | | | | | | | | | | |
|-----|-----|-----|----|-----|----|----|-----|-----|----|----|----|-----|-----|----|-----|-----|----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | | 7 | 8 | 9 | 10 | | 11 | 12 | 13 | 14 | | 15 | 16 | 17 | 18 |
| 19 | | | | | | | 20 | | | | | 21 | | | | 22 | | | | |
| 23 | | | | | | | 24 | | | | | 25 | | | | | | | | |
| 26 | | | | | 27 | | | 28 | | | 29 | | | | | | | | | |
| | | | 30 | | | | 31 | | | 32 | | | | 33 | | | | 34 | | |
| 35 | 36 | 37 | | | | | | 38 | 39 | | | | 40 | | | | 41 | | | |
| 42 | | | | | | | 43 | | | | | 44 | | | | | 45 | 46 | 47 | 48 |
| 49 | | | | | 50 | | | | | 51 | 52 | | | | 53 | 54 | | | | |
| 55 | | | | 56 | 57 | 58 | | | | 59 | | | | | 60 | | | 61 | | |
| | | | 62 | | | | 63 | 64 | | 65 | | | 66 | | 67 | | 68 | | | |
| | 69 | 70 | | | | | | | | 71 | | | | 72 | | | | | | |
| 73 | | | | | | | 74 | | | | | 75 | | | | | | | | |
| 76 | | | | 77 | | | 78 | | 79 | | | 80 | | | 81 | | | 82 | 83 | 84 |
| 85 | | | 86 | | | | 87 | | | | | 88 | 89 | | | | | 90 | | |
| 91 | | | | | | | 92 | | | | | 93 | | | | 94 | 95 | 96 | | |
| | | | | 97 | 98 | 99 | | | | | | 100 | 101 | | | 102 | | | | |
| 103 | 104 | 105 | | 106 | | | | 107 | | | | | 108 | | | | | | | |
| 109 | | | | 110 | | | | 111 | | | | 112 | 113 | | 114 | | | 115 | 116 | 117 |
| 118 | | | | | | | | | | | | 119 | | | 120 | | | 121 | | |
| 122 | | | | | | | | | | | | | | | | | | | | |
| 125 | | | | | | | 126 | | | | | | | | 128 | | | | | |
- King Crossword
- ACROSS

1 Fragrant wood

6 Construction piece

11 "Seinfeld" role

12 Had to have

14 Eden, for one

15 Look

16 Card player's call

17 Barbecue brand

19 Guitar's cousin

20 Dunkable treat

22 Very long time

23 Off-torn knee parts, briefly

24 Bold

26 Block and tackle parts

28 Listener

30 Moray, e.g.

31 Epicure

35 Takes to the links

39 Unseat

40 Moving truck

42 Turnpike payment

43 Multipurpose truck

44 Picture puzzle

46 "Gosh!"

47 Risk

49 Roamed freely

51 Reps

52 Emotionless people

53 Chopin piece

54 Try

8 "Hallow" ending

9 Offer as example

10 In a submissive way

11 Incite

13 Frock

18 Jazzy style

21 Open to view

23 Apportion

25 Thanksgiving veggie

27 Journey segment

29 One of P-R-N-D-L

31 Cheese

32 Power failure

33 Early online forum

34 Bill

36 Actor Robert of "Big"

37 Like some winter coats

38 Coasters

41 Hospital employee

44 On pension (Abbr.)

45 H.S. hurdles

48 Wildebeest

50 Phone bk. data

DOWN

1 Danes or Forlani

2 Breadwinner

3 Accomplished

4 From the beginning

5 Actress Zellweger

6 Naive girl, theatrically

7 Tolerate

101 "— Fideles"

102 Greet

103 "Hardball" network

104 Tierney of "Liar Liar"

105 Rocker John

107 Fragrance

110 Ticks off

111 Part of YSL

112 PC key abbr.

113 Evil group in "Get Smart"

115 Caddy picks

116 Initial stake

117 Not at all idle

120 Seedy loaf

121 With 38-Down, old New York Giants great
- MAGIC MAZE ● AVIATION PIONEERS
- P D Y A X V S P N E K I A F C
A X S E H G U H V L S S C H Q
O L J H L A R M S T R O N G E
C S A A X G V T T T R R A R P
N L S N N J N E R I H B L E F
D R B I S Y S A X L V T L B T
R P E O T S H M L O K H E D I
G O E G O R E K K O F G B N D
B B Z F A X U C W D U I T I R
Q O N E L E H C E E B R J L I
G F L D C A Y Y X W V W T S R
- Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
- Armstrong

Beech

Bellanca

Boeing

Cessna

Curtiss

Doolittle

Earhart

Fokker

Fossett

Langley

Lear

Lindbergh

Wright Bros.

Yeager



"Frankly, I like you — I believe it's the
_____ that has it in
_____ for you?"
answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Weaken
CEUDER

Stroll
MARBLE

Trouble
THROBE

Cutlas
PRAIR

TODAY'S WORD

		5	1		6			4
3		8		7			6	
	1		4			8		5
		2		3			7	9
5	7		9				2	
	6				7	1		
7				4	2		5	
8		9	3			4		
	5			9		3		2

SUDOKU

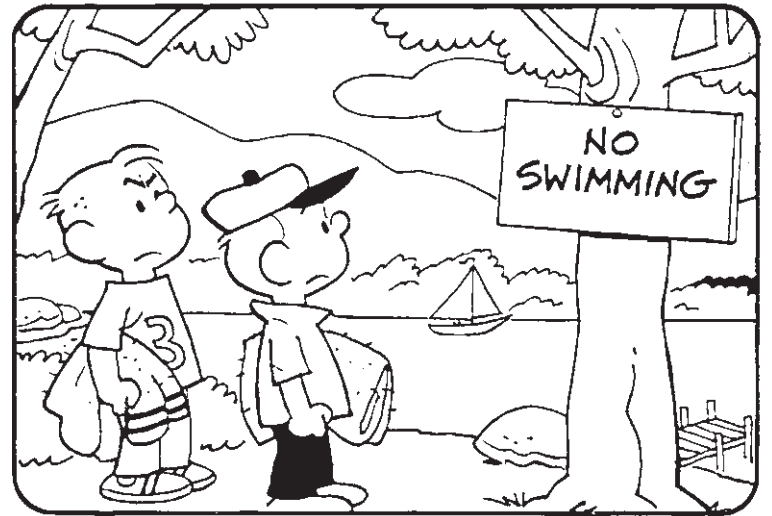
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

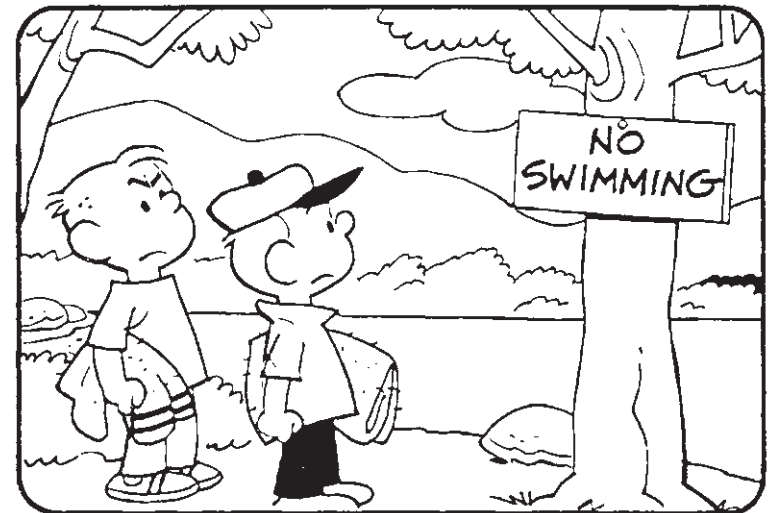
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Towel is missing. 2. Number is missing. 3. Arm is moved. 4. Sailboat is missing. 5. Sign is smaller. 6. Dock is missing.

Flooding Issues May Turn Into Mold Issues

Following the storms in Southwest Florida, many are dealing with extensive flood damage. Now people may be dealing with the after effects of mold damage. Florida's humid climate and continuous rain makes us susceptible to mold in general. According to the Environment Protection Agency (EPA), molds are a natural part of the environment. When excessive moisture or water accumulates indoors, excessive mold growth will often occur, particularly if the moisture problem remains undiscovered or unaddressed.

How can you tell if you have mold in your home? The EPA states that if your home smells moldy, but you cannot see the source, if water stains are present, or if you know there has been water damage, there could be mold present in your home. Mold may be hidden in places such as the backside of drywall, wallpaper or paneling, the top side of ceiling tile, and the underside of carpets and pads, etc. Other possible locations

of hidden mold include areas inside walls around pipes (with leaking or condensing pipes), the surface of walls behind furniture (where condensation forms), inside ductwork and in roof materials above ceiling tiles (due to roof leaks or insufficient insulation).

Investigating hidden mold problems may be difficult and will require caution when the investigation involves disturbing potential sites of mold growth. When contemplating the cleanup of mold, you need to verify the extent of the problem and likely will need to contact an expert.

Better Business Bureau serving West Florida warns consumers to research carefully when choosing a professional to clean up mold. If you need to hire a home repair professional after a heavy rainfall, we urge you to follow these tips:

Work with your insurance company. An insurance agent may be able to recommend a reliable and reputable remediation company, and you should contact them first to determine what your insurance policy covers and the process for filing a claim.

Check the company's history with the Better Business Bureau. You can review the company's complaint history and details to determine if they have

a track record of responding to and resolving BBB complaints at www.bbb.org.

Verify the company's license. In Florida, mold assessors and remediators must hold an active license with the Florida Department of Business and Professional Regulations. You may view the status at www.myfloridalicense.com or call 1-850-487-1395. The license information also should tell you how long the contractor has been licensed to perform work.

Make sure the business has extensive experience in cleaning up mold. Ask for references from the business and contact these references for more information. Also, ask family and friends if they have worked with a mold remediation expert in the past and had a favorable experience.

Obtain at least three bids. Don't simply hire the first business that contacts you or one that offers the lowest bid; evaluate the services and offerings of at least three businesses and then make your decision.

Understand Assignment of Benefits contracts. Beware of contractors who claim to be insurance claim specialists and may ask you to sign an agreement to allow them to contact your insurance company

and seek approval of repairs for you. Many unscrupulous businesses have tricked consumers into signing a work estimate without reading the fine print, which commits you to automatically contract with their business if your insurance claim is approved. Visit www.myfloridacfo.com/Division/Consumers/AssignmentofBenefits.htm for more information from Florida Department of Financial Services.*

Dog Wash

The Calendar Girls Florida and the Southwest Florida Puppy Raisers will be holding a Southeastern Guide Dogs Dog Wash on Saturday, September 30 from 10 a.m. to 2 p.m.

For \$20, your pup will receive a full service wash and nail trim at Wash n' Wag, located at 1751 Northeast Pine Island Road in Cape Coral.

The dog wash will support the upcoming Southeastern Guide Dogs Fort Myers Walkathon at JetBlue Park on April 14, 2018.

For more information about Southeastern Guide Dogs and their upcoming Walkathons, visit www.guidedogs.org.*



FRIDAY
Sunny
High: 89 Low: 78



SATURDAY
Sunny
High: 88 Low: 77



SUNDAY
Sunny
High: 88 Low: 77



MONDAY
Partly Cloudy
High: 85 Low: 74



TUESDAY
Rain Likely
High: 82 Low: 71



WEDNESDAY
T-storms Likely
High: 86 Low: 75



THURSDAY
T-storms Likely
High: 87 Low: 76

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	2:32 am	8:45 am	3:28 pm	8:48 pm	Fri	1:37 am	8:47 am	2:33 pm	8:50 pm	Fri	2:59 am	9:36 am	3:50 pm	9:51 pm	Fri	4:42 am	12:01 pm	5:38 pm	None
Sat	2:55 am	9:27 am	4:12 pm	9:13 pm	Sat	2:00 am	9:29 am	3:17 pm	9:15 pm	Sat	3:32 am	10:13 am	4:32 pm	10:21 pm	Sat	5:05 am	12:04 am	6:22 pm	12:43 pm
Sun	3:21 am	10:12 am	5:03 pm	9:39 pm	Sun	2:26 am	10:14 am	4:08 pm	9:41 pm	Sun	4:02 am	10:47 am	5:10 pm	10:46 pm	Sun	5:31 am	12:29 am	7:13 pm	1:28 pm
Mon	3:52 am	11:03 am	6:06 pm	10:10 pm	Mon	2:57 am	11:05 am	5:11 pm	10:12 pm	Mon	4:30 am	11:22 am	5:48 pm	11:06 pm	Mon	6:02 am	12:55 am	8:16 pm	2:19 pm
Tue	4:29 am	12:04 pm	7:33 pm	10:48 pm	Tue	3:34 am	12:06 pm	6:38 pm	10:50 pm	Tue	4:53 am	11:58 am	6:27 pm	11:20 pm	Tue	6:39 am	1:26 am	9:43 pm	3:20 pm
Wed	5:16 am	1:15 pm	9:25 pm	11:50 pm	Wed	4:21 am	1:17 pm	8:30 pm	11:52 pm	Wed	5:17 am	12:45 pm	7:11 pm	11:33 pm	Wed	7:26 am	2:04 am	11:35 pm	4:31 pm
Thu	6:19 am	2:31 pm	10:45 pm	None	Thu	5:24 am	2:33 pm	9:50 pm	None	Thu	5:48 am	1:51 pm	8:02 pm	11:54 pm	Thu	8:29 am	3:06 am	None	5:47 pm

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PUZZLE ANSWERS

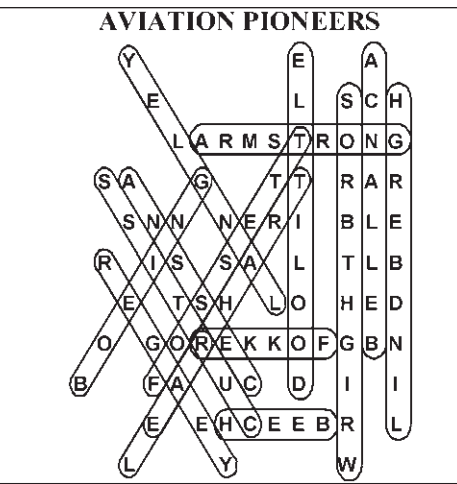
SUPER CROSSWORD

P	R	A	N	C	E		A	L	M	A		T	H	U	D		E	N	O	S	
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KING CROSSWORD

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MAGIC MAZE



SUDOKU

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3	4	8	5	7	9	2	6	1
6	1	7	4	2	3	8	9	5
1	8	2	6	3	4	5	7	9
5	7	4	9	1	8	6	2	3
9	6	3	2	5	7	1	4	8
7	3	1	8	4	2	9	5	6
8	2	9	3	6	5	4	1	7
4	5	6	7	9	1	3	8	2

My Stars ★★★★★

FOR WEEK OF SEPTEMBER 25, 2017

ARIES (March 21 to April 19) This is a good time for the usually outspoken Lamb to be a bit more discreet. You still can get your point across, but do it in a way less likely to turn off a potential supporter.

TAURUS (April 20 to May 20) Good news: All that hard work you put in is beginning to pay off. But you need to watch that tendency to insist on doing things your way or no way. Be a bit more flexible.

GEMINI (May 21 to June 20) You might want to delay making a decision on the future of a long-standing relationship until you check out some heretofore hidden details that are just now beginning to emerge.

CANCER (June 21 to July 22) Your reluctance to compromise on an important issue could backfire without more facts to support your position. Weigh your options carefully before making your next move.

LEO (July 23 to August 22) This is a good time for ambitious Leos or Leonas to shift from planning their next move to actually doing it. Your communication skills help persuade others to join you.

VIRGO (August 23 to September 22) Relationships -- personal or professional -- present new challenges. Be careful not to let a sudden surge of stubbornness influence how you choose to deal with them.

LIBRA (September 23 to October 22) You might need more facts before you can decide on a possible career change. But you should have no problem making a decision about an important personal matter.

SCORPIO (October 23 to November 21) You're respected by most people for your direct, no-nonsense approach to the issues. But be careful you don't replace honest skepticism with stinging sarcasm.

SAGITTARIUS (November 22 to December 21) A newly emerging situation could require a good deal of attention and some difficult decision-making. However, close friends will help you see it through.

CAPRICORN (December 22 to January 19) Family matters need attention. Check things out carefully. There still might be unresolved tensions that could hinder your efforts to repair damaged

relationships.

AQUARIUS (January 20 to February 18) Of course you deserve to indulge yourself in something special. But for now, tuck that bit of mad money away. You'll need it to help with a looming cash crunch.

PISCES (February 19 to March 20) A temporary setback in your financial situation is eased by changing some of your plans. You'll be able to ride it out quite well until the tide turns back in your favor.

BORN THIS WEEK: You have a gift for understanding people's needs. You have a low tolerance for those who act without concern for others.

THIS WEEK IN HISTORY

- On Sept. 30, 1868, the first volume of Louisa May Alcott's beloved children's book "Little Women" is published. Alcott's subsequent children's fiction included "Little Men" (1871) and "Jo's Boys" (1886).
- On Oct. 1, 1908, the first production Model T Ford is completed. Between 1908 and 1927, Ford would build 15 million Model Ts. The cars were powered by a 22-horsepower, four-cylinder engine and could go as fast as 40 mph.
- On Sept. 29, 1913, Rudolf Diesel, inventor of the engine that bears his name, disappears while traveling by steamship from Belgium to England. On Oct. 10, his body was found floating in the water. His death was judged a suicide, but many people believed Diesel was murdered.
- On Sept. 26, 1928, work begins at Chicago's new Galvin Manufacturing plant. Galvin would introduce the Motorola radio, the first mass-produced commercial car radio. The name had two parts: "motor" evoked cars and motion, while "ola" derived from "Victrola" and was supposed to make people think of music.
- On Sept. 25, 1957, under escort from the U.S. Army's 101st Airborne Division, nine black students enter all-white Central High School in Little Rock, Arkansas. Of the 517 black students in the district, 80 expressed interest and were interviewed by the school. Of the 17 chosen, nine decided to attend.
- On Sept. 27, 1967, a French TV network begins to broadcast the first (and only) season of the American sitcom "My Mother, The Car." The show's premise was a man visits a used-car lot and finds a 1928 Porter convertible that is, somehow, the

reincarnation of his dead mother.

- On Sept. 28, 1972, weekly casualty figures for the Vietnam War contain no U.S. fatalities for the first time since March 1965. Losses remained high among South Vietnamese forces, which had taken over the fighting.

STRANGE BUT TRUE

- It was American author and political activist Barbara Ehrenreich who made the following sage observation: "No matter that patriotism is too often the refuge of scoundrels. Dissent, rebellion and all-around hell-raising remain the true duty of patriots."
- Coke has the honor of being the first soft drink in space. Members of the Space Shuttle Challenger drank the beverage from a specially designed "Coca-Cola Space Can."
- Andrew Jackson, the seventh president of the United States, was one tough son of a gun. In his youth, his fighting prowess won him fame as a national hero for defeating the British at the Battle of New Orleans during the War of 1812 -- and he never slowed down, it seemed. At the age of 67, he was at a speaking engagement when a member of the audience pulled out a gun and tried to shoot him. When the gun misfired, President Jackson used his walking stick to beat his attacker almost senseless.
- If you're like the typical human, it takes your brain about 0.0004 seconds to retrieve any given memory.
- Even in these modern days, certain maritime traditions hold on. For instance, when a new ship is launched for the first time, the water that first touches the ship is caught in a bottle. Once sealed, that bottle stays with the ship; it's typically displayed in the captain's office, near the bridge.
- On a per-capita basis, residents of Mexico consume more carbonated drinks than people in any other country on Earth.

THOUGHT FOR THE DAY

"I have always supported measures and principles, and not men. I have acted fearless and independent, and I never will regret my course. I would rather be politically buried than to be hypocritically immortalized." -- Davy Crockett

SCRAMBLERS

1. Reduce; 2. Ramble;
3. Bother; 4. Rapier

Today's Word
COMPUTER

TRIVIA TEST

1. TRAVEL: What West and East Coast cities does Interstate 10 connect in the United States?
2. ADVERTISING: Who was the mascot for Kellogg's Froot Loops cereal?
3. TELEVISION: Who played the patriarch of the Clampett family in "The Beverly Hillbillies"?
4. LITERATURE: What 1969 novel begins with the line, "All of this happened, more or less"?
5. MUSIC: Where did Puff the Magic Dragon live in the Peter, Paul and Mary song?
6. MOVIES: What was the last movie that singer Elvis Presley starred in?
7. GENERAL KNOWLEDGE: Which California city has an area code of 415?
8. GEOLOGY: What are the softest and hardest minerals on the Mohs scale?
9. GAMES: What color is Kentucky Avenue in the Monopoly game?
10. GEOGRAPHY: What country has the most natural lakes?

TRIVIA ANSWERS

1. Santa Monica, California, and Jacksonville, Florida
2. Toucan Sam
3. "Slough of Thelous" (red)
4. "The land of the Vonneguts" (red)
5. "The land of the Vonneguts" (red)
6. "The land of the Vonneguts" (red)
7. "The land of the Vonneguts" (red)
8. "The land of the Vonneguts" (red)
9. "The land of the Vonneguts" (red)
10. "The land of the Vonneguts" (red)

★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

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★RS 4/29 CC TFN

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5/26 ★ TFN

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HELP WANTED

SINGERS WANTED

Tenor(s)/baritone(s)able to sight-sing early music reasonably well in a small group (1-2 singers on a part). Objective: fun & sharing great music. Location: Sanibel. Contact Anne-Marie, ambouche@gmail.com.
9/22 ★ 10/20

TARPON BAY EXPLORERS FEE BOOTH PROFESSIONAL

Join the Tarpon Bay Explorers team! Part & Full time Fee Booth Professional needed. Looking for polite and responsible individuals who possess good customer service skills to tend the entrance of Wildlife Drive within the JN Ding Darling National Wildlife Refuge. Fee Booth Professionals sell entrance fee tickets and passes to refuge visitors. If interested, call Wendy or Adam @ 239-472-8900 and send resume to sauerlac@gmail.com.
9/22 ★ 9/22

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★NS 5/6 BM TFN

PSA

PUBLIC SERVICE ANNOUNCEMENT

Narconon reminds families that abuse of heroin and opioid drugs has become a national health crisis. Learn to recognize the signs of heroin abuse and get your loved ones help if they are at risk.

Visit <http://www.narconon-suncoast.org/blog/how-a-simple-drug-can-save-lives-a-guide-to-narcan-and-the-opiate-epidemic.html> to learn about the signs and symptoms of opiate abuse and the overdose reversing drug known as Narcan and its availability in your state.

ADDICTION SCREENINGS

Narconon can help you take steps to overcome addiction in your family. Call today for free screenings or referrals.
877-841-5509
8/18 ★ TFN

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ANNUAL RENTAL

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9/22 ★ TFN

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★RS 1/25 BM TFN

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9/22 ★ 9/22

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★RS 4/7 CC TFN

Shore Fishing:



Don't Harm The Fish

by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the fish.
- If you want a picture with the fish, support it as you lift it out of the water –

and do it quickly.

- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

Beware Of Storm Chaser Scams

As the immediate crisis of Hurricane Irma passes, consumers will start to evaluate any damage done and begin the clean-up process. Better Business Bureau receives hundreds of complaints every year concerning sub-par work performed by contractors, and encourages consumers to take the time to properly research contractors to avoid creating a bigger problem. Natural disasters can bring out the best in people, as strangers reach out to help others in need. Unfortunately, the aftermath of a crisis typically also brings out many types of scams and unlicensed contractors who take advantage of those who have been victimized.

Better Business Bureau serving West Florida (BBB) is warning local residents that may be affected by Hurricane Irma to beware of storm chasers and out-of-town contractors soliciting business. “It is common for out-of-town storm chasers to solicit business after storms,” said Karen Nalven, BBB president. “Disaster victims should never feel pressured to make a decision by an unknown contractor. Consumers should (research BBB) Start With Trust and look for the BBB Accredited Business Seal; these companies are screened, monitored, licensed and trusted. Storm chasers may not have proper licensure for your area and may offer quick fixes or make big promises to which they won’t deliver.”

Your BBB offers the following tips for hurricane Irma victims at www.bbb.org/west-florida-hurricane-guide:

Before you hire, check out the company/contractor at www.bbb.org. It’s fast, easy and free. Also search the company/contractor online adding the word “Complain,” “Reviews” or “Scam” after their name for different search results.

BBB Disaster Recovery Repairing and Rebuilding Guide provides helpful resources to aid you in your clean-up and repair efforts at <https://www.bbb.org/west-florida/hurricanes/disaster-recovery/>

Visit www.bbb.org/west-florida/hurricanes/additional-resources/ for disaster recovery information and

resources from local, state and federal agencies.

Contractors must be registered with the Florida Department of Business and Professional Regulation, unless work is limited to a specific area. To check licensing, call 850-487-1395, download the app named DBPR mobile or visit www.myfloridalicense.com/ to check whether a contractor is registered. If contractors limit their work to local areas, they may only be required to secure a license with their county in lieu of DBPR. Check with your local county contractors’ certification/building department if you are unsure if a contractor has secured proper licensing.

Many municipalities require a solicitation permit if sales people go door-to-door. Verify that they need to have a permit by contacting your local township or municipality. BBB suggests consumers be proactive in selecting a contractor and not reactive to sales calls on the phone or door-to- door pitches.

Always ask for identification and contact the company directly should you have any concerns.

While most roofing contractors abide by the law, be careful allowing someone you do not know inspect your roof. An unethical contractor may actually create damage to get work.

Understand Assignment of Benefits Contracts. Beware of contractors who claim to be insurance claim specialists and may ask you to sign an agreement to allow them to contact your insurance company and seek approval of repairs for you. Many unscrupulous businesses have tricked consumers into signing a work estimate without reading the fine print, which commits you to automatically contract with their business if your insurance claim is approved.

Check online with www.sunbiz.org/ or call 850-245-6000 to verify that a company is registered to do business in your state.

Try to get at least three to four quotes from contractors and insist that payments be made to the company, not an individual.

Do not pay for the job in advance. Be wary of any contractor who demands full or half payment upfront.

Resist high-pressure sales tactics such as the “good deal” you’ll get only if you hire the contractor on the spot.

Get a written contract that specifies the price, the work to be done, the amount of liability insurance coverage maintained by the contractor and a time frame. Require a copy of their current certificate of insurance.

Pay by credit card, if possible; you may have additional protection if there’s a problem.

Check that the contractor’s vehicle has signs or markings on it with the business name, phone number and license plates for your state.

When dealing with mold in Florida, mold assessors and remediators must hold an active license with the Florida Department of Business and Professional Regulations. You may view the status at www.myfloridalicense.com or call 1-850-487-1395. The license information also should tell you how long the contractor has been licensed to perform work. Make sure the business has extensive experience in cleaning up mold. Ask for references from the business and contact these references for more information. Also, ask family and friends if they have worked with a mold remediation expert in the past and had a favorable experience.

Beware of price gouging of commodities or services; if there’s a “gross disparity” between the prior price and the current charge, it is considered price gouging. If you think you are being priced gouged, report it to the Price Gouging Hotline established by the Florida Attorney General’s Office at 1-866-9-NO-SCAM.

If you hire an uninsured and unlicensed contractor and a serious injury were to occur to the contractor, you, as the person that hired them, could potentially be liable for paying the workers compensation benefits. This could turn a simple \$1,000 repair into a bill for tens of thousands more. In addition, a neighboring property, a passerby or other property that is negligently damaged by an unlicensed contractor can become a liability to the person that hired the contractor. For reliable information, lists of BBB Accredited Businesses by industry and BBB Business Profiles you can trust on local businesses, visit www.bbb.org/west-florida or email info@bbbwestflorida.org or call 800-525-1447.✱

Hurricane Affects Mosquito Populations

Lee County Mosquito Control District (LCMCD) is predicting a large mosquito outbreak as a result of Hurricane Irma’s heavy rains and flooding. Coastal and inland areas have expansive areas of standing water, which will produce large numbers of mosquitoes. Treatments to control adult mosquitoes began on September 18.

Residents of Lee County may encounter adult mosquitoes for several days before experiencing relief from LCMCD control efforts. Areas with the highest numbers of adult mosquitoes and that are without power will be treated first. Many areas still have debris and flooding preventing ground control of adult mosquitoes. LCMCD suggests individuals consider using repellent to protect themselves from mosquitoes.

According to the Florida Department of Agriculture and Consumer Services Division of Animal Industries, preventing animals from exposure to adult mosquitoes is important. Horses should be stabled inside during peak mosquito feeding times, which are dawn and dusk. Use of mosquito-resistant devices such as well-maintained insect screening and fans may reduce potential access of mosquitoes to equine and other livestock hosts. Horse owners should use repellents approved for use on horses, but the effectiveness of some formulations under certain conditions (e.g., rain, perspiration) may be limited. Always follow label instructions. Residents are encouraged to contact their veterinarian for advice on mosquito protection measures for pets and livestock, especially for heartworm disease.

To report mosquito concerns, call 694-2174.✱

Read us online at
IslandSunNews.com

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Sanibel Estates	Sanibel	1960	1,585	\$849,000	\$800,000	192
Cape Coral	Cape Coral	2012	2,570	\$679,900	\$650,000	157
Cross Creek Estates	Fort Myers	2000	4,013	\$589,900	\$552,500	8
Cape Coral	Cape Coral	2002	2,282	\$489,000	\$475,000	79
Cape Coral	Cape Coral	1999	2,130	\$439,900	\$427,000	55
Cobblestone	Bonita Springs	2011	2,162	\$399,000	\$399,000	2
Cape Coral	Cape Coral	1978	1,497	\$389,900	\$379,500	11
McGregor Reserve	Fort Myers	1996	1,959	\$369,900	\$352,900	49
Knights Bokeelia Isle	Bokeelia	1979	1,035	\$349,999	\$335,000	631
Hérons Glen	North Fort Myers	2005	1,975	\$294,900	\$286,500	179

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